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Niagara News

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Holiday greetings our gift to you

Ho! Ho! Ho!

It's almost here.

Our annual Christmas edition will be published Friday, Dec. 12. It will feature a series of articles and columns about, you guessed it — Christmas.

Anyone wishing to send season's greetings to their family or friends must bring their greetings to the Journalism-Print program by Tuesday, Dec. 9 at noon. The cost is $1 and must be paid at the time your greeting is accepted. You can e-mail your greetings to niag-news@iaw.com, fax them to (905) 735-8112 or bring them to the Newsroom in S212. But don't forget the deadline.

Julie Bernard, 3, and her brother Eric Bernard, 6, of Welland, take turns telling Santa Claus at the Seaway Mall on Nov. 22, what they want for Christmas this year.
Photo by Kerri Wood

Students network

By TINEKE BRUINSMA
Staff Writer

A networking research program is providing opportunities for international trade.

The Niagara Research Network for International Trade Service started in September of 1997. It links businesses in the Niagara Region with students from Niagara College. Students in the International Trade program then form a student-business partnership with a local business.

Student teams assist in exploring international opportunities for their business. By using government and research networks students obtain information in order to gain an understanding of how another country could benefit from an individual company's services.

Students have been linked to Argentina and are awaiting their links with the Universidad Santo Tomas, in Chile.

Marti Jurmain, Niagara College director of new product development, said the students and companies have a good opportunity with the networking program.

"This is really an excellent experience for the students," said Jurmain.

She said the students benefit by gaining hands-on experience and they build cultural awareness. The program provides them with an opportunity to explore entrepreneurial experience on an international scale.

The college and regional companies benefit by gaining international trade experience. In addition, the college's international trade program receives increased exposure.

(Continued on page 2)

Knights 12th in country

Key victories

By MARK RIEHL
Staff Writer

It doesn't happen very often.

Niagara College has two teams ranked 12th in the country.

The men's basketball and volleyball teams climbed the rankings last week with key victories.

The men's basketball team defeated London's Fanshawe College, while the volleyball team defeated Hamilton's Mohawk College at home on Nov. 29.

The volleyball team sits at the top of the west region of the Ontario Colleges Athletic Association.

The team beat Mohawk Hamilton 3-1 by scores of 15-4, 15-7, 3-15 and 15-0.

Niagara came out flying in the first two sets, never looking back as they won 15-4 and 15-7.

The tables turned in the third set when Mohawk quickly took a 12-3 lead and went on to take the set 15-3.

"During the third game we put players out for them to get some experience," said head coach Blaire Cudmore.

The Knights were fired up in the fourth set, conquering the Mountaineers 15-0.

"We just wanted to send them a signal that they were lucky winning the third set," said Knights' captain Kirby Bentley.

"We played well, we worked hard and we came out on top," said Niagara's player of the game Paul Clark who had seven kills, five blocks and four serve aces.

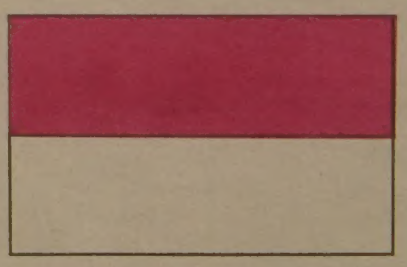
"Our team is starting to play a lot better and we still have room for improvement," said assistant coach Pat Purbs. "We look forward to being competitive with top teams in the country."

"It feels good to be ranked 12th in the country. I'm proud of my team and of the guys because we got off to a slow start but we are playing like a team now and I'm having fun again," said middle Paul Clark.

Niagara's next regular season game is at Cambrian College in Sudbury on Dec. 6 at 8 p.m.

NIAGARA COLLEGE CANADA

Niagara College wishes our 18 Indonesian high school principals a safe trip home.



We hope you enjoyed your stay; we certainly enjoyed having you here.

NIAGARA NEWS

International trade with Argentina, Chile

(Continued from page 1)

"We have people from all over the region," said Craig Edwards, placements co-ordinator for the International Trade program at the college.

The businesses involved in the program come from the Niagara Peninsula. IBG Canada Ltd of Beamsville, Sicom of Fonthill, and Block Sun International Inc., of Niagara Falls are just a few of the companies that have taken advantage of the networking program.

Edwards said the companies at the meeting were pleased with the program. The meeting was held at Chateau Des Charmes in Niagara-on-the-Lake on Nov. 21.

"One of the students commented this is the reason he was in the post-diploma International Trade program: the marriage between the companies and the students," Niagara College President Dan Patterson said of the meeting.

Students were linked with 12 to 15 companies.

"The business now becomes the link between the teaching and work experience while they (the students) do work for their employer," said Patterson.

Patterson and Edwards went to the Asia-Pacific Economic Co-operation meeting held in Vancouver on the Nov. 21 weekend. They intended to have Chilean President Eduardo Frei sign an agreement between Niagara College and his nation's Universidad Santo Tomas.

"We feel good about the meeting," said Edwards. "We asked him to co-sign the agreement and he refused."

Edwards said the external affairs minister from Chile did sign the agreement, however.

"This provides us with the credibility we need to establish trade opportunities," said Edwards.

"It was very successful. The international department staff and Craig were able to line up an excellent program with the Universidad of Santo Tomas," said Patterson.

"We are very excited about the agreement. This will help our students at Niagara College and the students at the Universidad Santo Tomas," said Rodrigo De La Cuadra Garreton, vice-president of the board of directors at the university.

Networking Program agreement is signed in Vancouver, B.C., during an Asia-Pacific Economic Co-operation conference. Niagara College's President Dan Patterson shakes hands with the Chilian minister of external affairs, while the embassador of Chile and the president of the Universidad Santo Tomas look on.

Photo Special to Niagara News

Garreton said the agreement is important for medium and small businesses in Chile and Canada to take advantage of the free trade agreement.

Edwards said the project is a collaborative effort at Niagara College.

"Jos Nolle, manager of the international education department, Marti Jurmain, director of new product development and Lyn Russo, from the communications and planning department, are involved," said Edwards.

"If it wasn't for the faculty in the International Trade program we would never have had the opportunity in the whole field of internationalization and globalization," said Patterson.

Renowned Toronto designer visits Welland

By JEANNIE ORBAN
Staff Writer

On Tuesday, Nov. 17, Linda Lundstrom, a renowned Toronto fashion designer, was in Welland to talk about how she invested a $10,000 start-up loan from her parents to launch her own company 24 years ago.

While growing up in a small town near Red Lake, Ont., she says her only link to the outside world was the Eaton's catalogue that came twice a year. Lundstrom said she liked to sew and "it was like I had a natural talent. I could sew before I could ride a bike."

Lundstrom left the Red Lake area 29 years ago to be a dressmaker. She said the area where she grew up had a First Nations population of about 75 per cent and the rest of the community was "racist."

One piece of advice she gave was that if you're going to borrow money from someone you know, make sure they trust you. She also said not to bother going to a bank.

The $10,000 loan from her parents lasted four months. She ran a banking overdraft for two years before she realized she could get a line of credit. Lundstrom worked seven days a week and said, "I did not draw salary for the first three years."

She said she wanted a product that was "as Canadian as kimonos are Japanese."

Lundstrom said she had an idea that kept coming to her for about four months before she acted on it. Now that idea is her most successful product, "Laparka." Native women in Red Lake make the beaded accessories.

All of the clothes, and 80 per cent of the fabric, are made in Canada. She emphasized, "I will not make my things offshore."

The advice she wanted to leave the audience was "relationships are everything. . . . Remember to do whatever you have to do to get what you need. . . . Everything is a gift, everything happens for a reason."

All proceeds from Lundstrom's speaking engagements go toward the Kiishik Fund she started in Red Lake to support initiatives creating a better awareness of the First Nations people.

Lundstrom left with one last bit of advice. "It is possible to visualize something and make it happen."

A model wears a Linda Lundstrom coat called "Laparka." The Toronto fashion designer visited Welland on Nov. 17.

Photo by Jeannie Orban

There's Things Cooking Up Every Night At

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& THURSDAY NIGHT
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$2.89 PER POUND
vegetable sticks & dip $0.93 ea.
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TUESDAY & THURSDAY NIGHT
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(not valid with any other coupons or specials, eat in only)

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AFTER 9:00 pm NIGHTLY FEATURES
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Nooner Menu
AVAILABLE 11:00 A.M. TO 2:00 P.M.
ONLY $4.89

All the nooner items are served with one of the following: House or Caesar Salad, French fries, or Soup of the Day (excluding Old Reliable)

RANCH HAND SANDWICH
Slices of turkey, and salami, mozzarella cheese, lettuce, tomato, layered between a toasted blue cheese buttered hoagie bun.

CEDAR CITY'S ROAST BEEF SANDWICH
Thin slices of tender roast beef, toped with a tangy horseradish dijon spread, cucumber, and tomato, served on a toasted kaiser

SIOUX FALL EGG SALAD SANDWICH
Half a toasted hoagie bun topped with egg salad, bacon, lettuce, tomato, and cucumber.

TEE BEE'S OPEN FACE MELT
Thin slices of turkey, broccoli florets, red onion, montery jack cheese, tarragon mayo, served on half a toasted hoagie bun.

OLD RELIABLE
Choice of house or caesar salad, and choice of pepper soup or soup of the day.

B.L.C. KAISER
Strips of bacon, tomato, cheddar cheese, red onions, and cucumber, served on a toasted kaiser with country style dijon mustard.

MULE'S HOT MEATBALL SANDWICH
Two slices of thick italian bread filled with homemade meatballs and smothered in homemade tomato sauce.

CHARLIE'S TUNA MELT
Old faithful tuna salad, luttuce, and tomato, topped with 3 cheeses, served on half a toasted hoagie bun.

All items subject to applicable taxes

Benefits rewarding for mentoring project

By CHER CIRILLO
Staff Writer

Motivation, support, training and mentoring is the basis of a new study involving Early Childhood Education (ECE).

Three Canadian mentoring pilots are participating in a mentoring project.

The encouragement and development of reflective practice of early childhood educators is the focus of the Partners in Practice.

Partners in Practice is funded through Child Care Visions, as well as Employability and Social Partnerships of Human Resources Development Canada.

Niagara Early Childhood Mentoring Training Program (NECMTP), College of the North Atlantic Early Childhood Mentoring Program (CNAECMP) and Halifax Mentor Program (HMP) are the current participants.

The project compares the effects of mentoring on proteges at different stages in their career. It will examine mentoring applied through a post-secondary ECE (College of North Atlantic) with ECE first and second-year students (St. John's); Post-Secondary ECE Program (Niagara College) and the Early Childhood Development Centre and novice ECE (Niagara Region); and a child-care organization (Child Care Connections in Nova Scotia).

All the programs will be different with each providing sources of data regarding reflective practice across the programs.

The NECMTP will focus on the ECE graduates (proteges) working in the child-care field. The project will pair 16 staff members with 16 experienced child care practioners (mentors). The proteges and mentors will explore reflective practice as a means to enhance the quality of the work they do with children and families.

The CNAECMP will examine reflective practice between the mentor and the protege. Each protege is assigned a mentor who serves as a model for reflective practice.

In Nova Scotia they have two groups of evaluations that form triplets. Triplets contain three peers.

"The idea behind the triplets group is not necessarily the focus on the mentor/protege aspect but the documentation and training of reflective thinking," said Elaine Ferguson, of Child Care Connection in Nova Scotia.

Back row, left, Allison Sauve, Early Childhood Education program co-ordinator, Heather Sloan, Niagara College site co-ordinator, Tammy McCormick, executive director of Community Development Centre, front row, Elaine Furguson, Halifax pilot and Carmella Singleton, St. John's pilot.

Photo by Cher Cirillo

The HMP idea behind the mentoring project is to examine the reflective practice. The aspect of the model building will look at the effects of a facilitator in a mentoring position on reflective practice of all triplet members and how the development of reflective thinking results in an improvement of the quality of programs for children.

The groups take time out during the day to discuss how things are working out and think reflectively.

"The program is going well for the mentors, proteges and participants," said Carmella Singleton, St. John's pilot for ECE project.

A component of the project will investigate the effects of mentoring on the mentor, the protege and the participating child care centres and how this affects the reflective practices of all.

Although the data is unavailable right now, the HMP and the CNAECMP representatives say that the project is going well, and the benefits are rewarding.

College prepares for 21st century

New changes anticipated

By MICHELLE ADEY
Staff Writer

Picture Niagara College as an enterprising college giving students the skills and knowledge needed for the 21st century.

At the fourth annual Counsellor Information Day on Nov. 27 in Niagara Falls, Bonnie Rose, Niagara's vice-president, academic, offered counsellors from area high schools a glimpse into the future here.

Rose painted a picture of the college as being well-rounded, accessible and inviting.

She said the core business is "to meet and exceed the standards and expectations of excellence."

Rose said the college acts a major partner in economic development for the Niagara Region and has achieved a distinctive edge because of changes in Ontario.

Of the 5,200 full-time students enrolled in post-secondary programs, 60 per cent are at the Welland campus, 30 per cent at the St. Catharines campus and 10 per cent at the Niagara Falls Maid of the Mist Centre.

The college has been continuously upgrading programs and the physical appearance of the three campuses.

The vice-president said the Law and Security Administration program will undergo some changes over the next few years, such as offering Police College training.

BONNIE ROSE

This instruction will become police foundation training at an educational institution. The program is also looking to offer on-site training.

"The Niagara Regional Police (NRP) have a strong relationship with the college and have proposed to build a training centre at the Welland campus," said Rose.

Rose applauded the Journalism-Print program's production of a college newspaper which, through its wider off-campus distribution, is gaining increased recognition in the Niagara Region.

The Welland campus has had trees planted at the perimeter of the property, a new residence built and a new entranceway constructed. The most exciting occurrence is the new campus being built in Niagara-on-the-Lake, which will open to students in September 1998.

The Glendale campus will offer horticultural, environmental and business accounting programs. The facility will become a corporate training centre.

"The campus is in a great location with a natural setting for programs dealing with nature," said Rose. "There will be greenhouses, vineyards and a lagoon."

The college is changing with the times with the clustering of academic programs. It is pproaching training and teaching differently and assessing the needs of students with university degrees, Ontario Academic Courses and those with Grade 12 educations, Rose said.

"Students contribute to their own success and must have a maturity and responsibility in their own learning," said Rose.

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Counsellors learn of Niagara's pluses

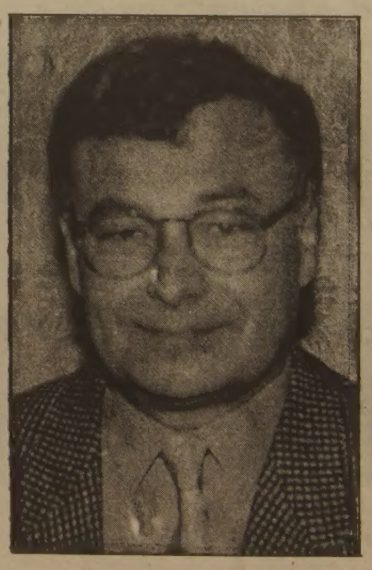
Programs undergo changes

By MICHELLE ADEY
Staff Writer

Area high school counsellors received a special welcome at the fourth annual Counsellor Information Day on Nov. 26.

Maurice Glaude, of Welland, and chair of the Board of Governors at Niagara College for the 1997-98 term, welcomed area high school teachers and expressed his interest in the future of the college.

Glaude is head of Guidance Services at Ecole secondaire Confederation in Welland.



MAURICE GLAUDE

He told counsellors he is interested in the college and its activities.

"It is important to learn about programs and new programs and the changes that are happening."

Glaude said working with the board of governors is a "nice opportunity" to meet Niagara College staff and talk to program co-ordinators to discuss student issues.

"It is a joy to be associated with Niagara College and its dynamic staff," said Glaude.

He said he is most proud of his involvement with the plans that brought the construction of a residence on the Welland campus earlier this year and is excited about the new Glendale campus to be opened in Niagara-on-the-Lake in September 1998.

Workshop inspires educators

By BRADEN TANGUAY
Staff Writer

The Aboriginal Education Access Office (AEAO) at Niagara College was treated to an inspiring workshop earlier this month.

Wendy Johnson-Martin, AEAO manager, attended a Train the Trainers workshop at the Woodland Cultural Centre in Brantford on Nov. 12.

The workshop was developed by Howard Rainer, a motivational speaker from Taos Pueblo, New Mexico.

Rainer travels across North America presenting his motivation and inspiration workshop to students and educators.

WENDY JOHNSON-MARTIN

Martin says Rainer's workshop helps educators focus on students needs. "He re-emphasizes things you already know, but shows you that when you're dealing with students you have to reach them at their level. Students are different, and you need to deal with them differently; he shows you how to do this."

Rainer's three main focuses in his workshops are to have fun, to learn and to learn about yourself. He motivates people by letting them know that everyone has something to offer and everyone has a talent.

About 150 people attended the two-day workshop. Rainer is always travelling because his workshop is in high demand. He was booked a year in advance for this workshop.

Martin says Rainer's "unique" style helps students and educators get motivated.

"The first thing he does is get people pumped up and feeling good about themselves. He gets students focused and helps them to set positive goals for themselves. It was a great workshop. He is an excellent speaker, very motivational."

Dessert Anyone?

The retail store at the Maid of the Mist Centre features many fine foods. Here students, Dennis White, 25, of St. Catharines, a Cook-Apprentice, Level 2, and Andre Bryan, 29, of Niagara Falls, Culinary Skills Level 2, pose with Meg Rose, retail store manager. They show off the reasonable danishes, muffins, cakes and T.V. dinners.

Photo by Sharon Whaling

LASA gave gypsy presentation

By JONATHON NARVEY
Staff Writer

Canada may be a land of opportunity for some people, but first they have to get past customs.

Five students in the Law and Security Administration (LASA) program gave presentations to their Integrated Applications class, Ernie Smith, of the Law and Security Advisory Committee, and Jos Nolle, manager of international education at the college.

The presentation about the effects of immigration by Gypsies from the Czech Republic to Canada was given on Thursday, Nov. 19.

Adam Hemming, Margaret Majkowski, Chantel Olsen, Tricia Seguin and Carmella Bailey all gave presentations on different aspects of the issue, including security, customs, immigration policy and practice.

According to a documentary shown at the presentation, Gypsies

CARMELLA BAILEY

face daily racial and economic persecution in the newly democratized Czech Republic. Many of them have been seeking refugee status in Canada, as well as other western countries.

Heather Hodgson, co-ordinator of the LASA program, said the students were allowed to choose a presentation topic that would show how a current issue might impact on their own vocational field.

Adam Hemming discussed how police and other security forces in Canada might have to be more sensitive to the Gypsies' situation. He said Gypsies "associate authorities with fear," because of systemic discrimination against them in the Czech Republic.

Tricia Seguin, 20, discussed how customs officers would need to be "culturally sensitive" when dealing with the refugees, although Gypsies would be given no priority over anyone else.

"Everyone has to be treated the same," she said.

Nolle said he was pleased that Hodgson had added an international aspect to the curriculum.

"We're writing history," he said, referring to the presentation.

Going to the dogs

Viola Heywood with her dog Coco learns from Dave McMahon the best techniques for training an obedient pet last Saturday at the Welland campusl.

Photo by Dan Dakin.

Renovations continue

By DAN DAKIN
Staff Writer

The main entrance to Niagara College's Tecumseh Centre has been closed the past two weeks as the Welland campus undergoes the next phase of renovations.

Currently, the doors at the Merritt Wing entrance are on an odd angle. They will be aligned and the entrance will be extended about two metres toward Ring Road. The concrete canopy at the entrance will also be extended about three metres toward the road. In total, the work will cost $80,000.

The construction, which should be completed by Christmas, was contracted to Draftcon Construction Ltd. of Niagara Falls.

Warren Yule, master plan project manager, said the renovations around Ring Road are part of a strategy to create a "main entrance" for the Welland campus.

Landscaping work at the corner of First Avenue and Woodlawn Road was recently completed.

Yule said he is pleased with the work by Stevensville Lawn Service Inc.

Tuition deadline past

By SHARON WHALING
Staff Writer

Have you paid your tuition fees?

The office of the registrar is not calling all students who owe their tuition dues for term two. Carol Desrochers, a registration assistant for the college, says she "hopes that they (students) will come in to pay their fees."

Present full-time students who owe the remaining half of their tuition should have received an invoice.

The postal strike affected the mailout and some students did not receive the invoice.

The deadline for money received by the registrar's office was Dec. 3.

For students who have not received the invoice, "no late fees will be applied," says Desrochers.

Students will not receive a timetable or schedule until fees are paid in full.

"If the student is on OSAP, they will receive a schedule, and will have to make an appointment with the financial aid office Jan. 2 to receive it."

The registration department did consider the postal strike, however they got some invoices mailed, while others were held.

STUDENT GOVERNMENT

Niagara College's blight at the theatre

By MARK RIEHL
Staff Writer

The second time is not always better.

Niagara College's Student Administrative Council (SAC) tried to organize a trip for Niagara students to experience a theatrical performance, but because of a lack of student interest SAC—once again—had to give the tickets away.

SAC planned a trip in October to a Shaw Festival play in Niagara-on-the-Lake. They sold a few tickets but ended up giving them away.

"We didn't sell any tickets at all for this trip, and we gave them away to whoever wanted them," said Michael Berry, 23, SAC's vice-president of athletic affairs.

The tickets were $15. Thirty-two tickets were purchased by SAC for the trip to Brock University's Centre for the Performing Arts in St. Catharines to see the play *Ain't Misbehavin'* on Nov. 26.

"We tried to push this trip because we are trying to please all people. We even approached certain groups who would perhaps like to go see a play, but we just don't have the right crowd here," said Anoop Chugh, 23, SAC's executive vice-president.

Chugh said SAC will make a recommendation to next year's council that a trip to see a small theatrical performance "just doesn't fly with the students here."

"If we had a trip to a major theatrical event such as *Showboat* or *Phantom of the Opera* then maybe we would have a better turn-out," said Berry. "We already are working on plans for next year to maybe see a big-time play instead."

SAC had to cover the $196.50 cost of the tickets for this trip. This is in addition to the $890 loss on the October trip.

Senate assists 'street people'

By MARK RIEHL
Staff Writer

This is the season to help the needy.

The student senate at the Wellandvale campus in St. Catharines presented a donation of $250 to the St. Catharines City Mission on Nov. 25.

John Ramson, 52, of St. Catharines, director of the City Mission, received the donation.

"We look after street people, drug addicts (and) prostitutes, and we feed them," he said.

The City Mission on 132 King St. opened its doors to the needy in 1982 and serves about 5,000 meals a month with the help of 75 volunteers.

"This donation is greatly appreciated, especially around this time of year," Ramson said.

Ryan Cook, 21, of Port Colborne, a Environmental Health and Safety program student and president of the student senate at the Wellandvale campus, helped organize the event to raise the money.

During Oct. 26, an Oktoberfest celebration was held at the Wellandvale campus cafeteria with proceeds going to the city mission.

"This was our first big event we have held because our senate was formed a week before the event," said Cook.

"This was also the first time we obtained a liquor license so we could serve alcohol in the cafeteria for the Oktoberfest event."

The donation of $250 came from the ticket sales at the Oktoberfest celebration.

"I think the donation comes at a good time of the year because there are a lot of people who are on the streets and need food and hopefully we helped.

"The homeless situation is not as severe compared to the larger cities, but there are about 60 people living on the streets of St. Catharines, which includes the few who chose to be there," said Ramson.

Left, John Ramson, 52, the director of the City Mission in St. Catharines, receives a donation of $250 from the Student Senate President Ryan Cook, 21, of the Wellandvale Campus.
Photo by Mark Riehl

Come join the party

Pub set to bring Christmas Cheer to younger crowds

By MARK RIEHL
Staff Writer

If you're a Niagara College student or staff member and you have a child, the Student Administrative Council (SAC) is having a party for you.

On Dec. 13, SAC will be holding its third annual Christmas Party for children at After Hours from 11 a.m. until 2 p.m.

Cindy Blanchard, SAC office manager, and Dave Raplje, After Hours manager, are the co-ordinators and hosts of the event on behalf of SAC.

Events will include special appearances from Barney, Bananas in Pajamas and a character from the Big Comfy Couch will drop by.

The most anticipated visitor will make a stop at the party bringing one gift per child under 12 years of age and then children will have to wait for Christmas for more items from Santa.

Any student or college staff member who wanted their child to attend had to sign up by Dec. 4 at the SAC office.

"Last year we had about 100 kids come to the party and this year we expect a few more than that," said Blanchard.

CINDY BLANCHARD

She has been involved with the Christmas party since it began three years ago.

"This event started because of the higher enrolment of mature students who have children and we (SAC) wanted to focus an event that would involve them," said Blanchard.

SAC has donated $250 to the Community Christmas Toys organization. Any toys left over from the Christmas party will be donated too.

Numbers outline November spending

By MARK RIEHL
Staff Writer

Niagara College's Student Administrative Council (SAC) has spent $18,199.51 in November. SAC has spent $134,794.42 over the past three months.

S.L. Feldman & Associates is a band agency from Toronto. The $3,200 was the cost for the Blind Date held Nov. 16 at After Hours.

Punchline Promotions is a company based in Etobicoke producing the T-shirts and SAC wear given free to students during pub nights and special events.

"We just bought 1,000 neck tags like the ones used for the Blind Date tickets that were worn around your neck and we bought 1,000 pens," said Don Woodruff, SAC president.

The $2,354 was the cost for comedians who entertain for Wednesday night Comedy Nights at After Hours. The amount was paid to Yuk Yuk's for the month of November.

Rockey Mountain Sound was another cost of the Blind Date. The $2,209.22 was paid to the Toronto company for setting up the equipment.

View An Ad is a Toronto-based company handling advertising for the yearbook distributed at graduation.

SAC has purchased 100 student bus passes good for this month. SAC buys the passes for $17.50 and charges the students $18.50.

Carl Damude Ltd. is company that supplied the SAC office with dividers to separate each desk in the office. The cost was $957.38.

"Council likes them because it gives us our own separate working area so we can concentrate on what we are doing, which is more professional looking but it demotes team building," said Woodruff.

Charterways Transport was the bus cost for the trip to Waterloo for the Oktoberfest trip held on Oct 17.

KPMG, Peat Marwick & Thorne is an auditing company from Toronto who took care of the balance of the audit last June.

These are a few of the funds committed by the Student Administrative Council in November.

S.L. Feldman & Associates	$3,250.00
Punchline Promotions	$2,382.20
Yuk Yuk's	$2,345.00
Rockey Mountain Sound	$2,209.22
View An Ad	$1,793.86
Welland Transit City Hall	$1,750.00
Carl Damude Ltd.	$ 957.38
Charterways Transport	$ 599.20
KPMG	$ 503.30

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Police award members of media

By RACHEL LEECH
Staff Writer

The Niagara Regional Police Service gave out awards on Dec. 4 to those who best reported on police-related issues in the media industry.

Award recipients were J.T. Lewis for photography, Marie Chamberlain for journalism, Harry Rosettani and Marty Theobald for freelance electronic news and the CFTO News staff for electronic media award. The awards were handed out at the Embassy Suites on Schmon Parkway in Thorold.

The photography award was presented to Lewis for his front page picture entitled *Stand-off*, which occured July 6 on Grange Avenue in Welland. It was printed in the Welland Tribune, where he works, on July 6, 1997. It was "a picture of the Niagara Regional Police Service Emergency Task Unit," said Sergeant Mark Carter, public relations officer for the police.

'Reported on police-related issues.'

Lewis said he doesn't consider himself courageous. "I've never thought of myself that way," he said.

He also said that, "you've got to be willing to take some risk."

Marie Chamberlain, a graduate of Niagara College's Journalism-Print program, won the journalism award for a story printed March 3 in the Tribune, where she works. The story was titled *Mitch couldn't wait to join Mom and Dad.*

The story was about "four of Niagara's finest aiding in the delivery," of baby Mitch at the corner of Webber Road and South Pelham Road in Welland, said Carter.

The CFTO News staff, Rosettani and Theobald all won their awards for their collective effort to "put a program on the six o'clock news on Friday, Oct. 17," said Carter.

The program was regarding a "dangerous offender. He was arrested a fews hours after the program aired," said Carter.

All of the recipients received awards for their exceptional performance in the media industry and were all worthy of the awards, he said.

Vehicle owners beware

By CARRIE WHITE
Staff Writer

Calling all cars! Don't forget to check your stickers!

The Ministry of Transportation has announced that it will no longer be mailing reminder notices to drivers and vehicle owners who need to renew their vehicle registration or licences.

The announcement came on Nov. 20 as a result of the ongoing postal strike.

Vehicle owners are advised to take notice of their expiry dates and go, in person, to a licencing office to renew licences and permits.

Temporary licences are provided for a 90-day period to drivers who are renewing licences, changing licences or who have just passed their driver's exam.

Because the postal strike disrupts this service, the validity of licences will automatically be extended for another 90 days.

Temporary licences are provided for 90-day period

Klaudia Savona, of Port Robinson, works at the Ministry of Transporation office in Welland.

Savona said even though vehicle owners often forget to renew on time, many rely on the reminder notice to make sure their renewals are done on time.

"As always, it is up to the people to remember," said Savona.

Savona also said that vehicle owners could be fined $105 for expired stickers if pulled over by the police.

Sgt. Mark Carter, of the Niagara Regional Police, stressed the fact that it is the responsibility of the driver to remember to renew.

Carter said it is up to the vehicle owners "to make sure their documentation is up to date."

"Reminder notices are a courtesy supplied by the Ministry of Transportation," said Carter. "The responsibilty still falls on the driver."

Tea anyone?

Chin Yi Lin, 20, of Taiwan, an English as a Second Language program student, is serving Oolong tea for everyone on International Day at Niagara College's Welland campus on Nov. 20.

Photo by Minako Yamaguchi

Fashion show at Niagara

By RACHEL LEECH
Staff Writer

The Change the Future program at Niagara College's Welland campus is holding a first-ever fashion show at the college.

Lindon Barrett, 20, of Hamilton, a Human Relations student at the college, is also the president of the program.

"We plan different activities," Barrett said.

Tryouts for the fashion show were held in After Hours on Wednesday, Dec. 3.

The fashion show will be held after the mid-winter break week which is Feb. 23 to Feb. 27, Barrett said.

Niagara College's Welland campus is holding their first-ever fashion show

The program was proposed during the middle of the second semester last year.

"It got passed from there," Barrett said. "There are about 25 people in the group but I want to see it get bigger."

The program was "put together by the SAC (Student Administrative Council) to bring out the minorities and different cultures of the college," said Barrett.

A dance is being planned for everybody at the college. February is Black Culture month. These new events have been planned and implemented by the program.

The group meets Wednesdays in SAC's conference room at 3:30 p.m. Everyone is welcome to join.

Rough RIDE for drivers

By JONATHON NARVEY
Staff Writer

Drunk drivers will be in for a rough RIDE during this holiday season.

Niagara Regional Police (NRP) will increase its efforts to deter drunk driving during the Christmas season.

The Reduce Impaired Driving Everywhere (RIDE) program's area of operation includes Welland. Police will be conducting random spot checks to deter drunk drivers as part of the program.

Sgt. Keith Coles, of the NRP central traffic division, said the RIDE program "rotates between cities, and will be operating in Welland" sometime during the holiday season.

Coles said RIDE has been operating for eight years.

The number of drunk drivers in the last two years "had not decreased," but it wasn't clear if it had increased significantly, Coles said.

Career Guide improved

By CARRIE CHEHOWSKI
Staff Writer

Niagara College has produced a new and improved Career Guide.

Lyn Russo, of Welland, is the college's director of the Communications and Planning Department. She graduated from the Journalism, Advertising and Public Relations program in 1971. She has held her present job for six years.

Russo says there is "three times as much information" in the 1998-99 Career Guide than in previous guides. "This was our most major publication. It was a massive project."

The Career Guide includes campus location with maps, directions, telephone numbers and extensions of many program co-ordinators. The guide includes 68 profiles and photographs of co-ordinators and contacts, with key information such application information, mature student status and fees and financial assistance. There are also testimonials from graduates and agencies

Continued on Page 10

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Niagara's float in Christmas parade

Santa's coming to town Dec. 13 in Christmas festive parade

By DAVE CONROY
Staff Writer

The Niagara College float will appear in the Niagara-on the-Lake Christmas parade on Saturday, Dec. 13.

The float is actually a Niagara-on-the-Lake shuttle bus donated by Rick Jansen, the owner of the Niagara-on-the-Lake shuttle service.

"People from Niagara College approached me and I decided to donate it. (It) being the (college's) 30th anniversary, I said why not," said Jansen.

The owner of several small businesses, Jansen said the donation was not a problem because he attended the college. He graduated from college's Horticulture program in 1985.

College President Dan Patterson, students and alumni will be riding in the float along with the Niagara Knight. The float previously appeared in the Grape and Wine Festival in St. Catharines on Sept 27.

Martha Gleddie, special events co-ordinator for the Niagara College Foundation, said the float should draw attention to the fact that it's Niagara College's 30th anniversary.

"It should be a great success," said Gleddie.

The parade begins at 10 a.m. and will be televised by Niagara Region's Cable 10.

The Niagara College float, donated by Rick Jansen, will represent Niagara College in the Niagara-on-the-Lake Christmas Parade Dec 13.

Photo Special to Niagara News

No need to be alone Dec. 25

By JEFF SCHELHAS
Staff Writer

"It's what Jesus would have us do," said Erika Church, an English professor at Niagara College and an organizer of a special Christmas dinner.

On Christmas Day at 5 p.m. at the Faith Tabernacle Fellowship Hall, 360 South Pelham Rd., in Welland, there will be a Christmas dinner for individuals from the Niagara Region who are alone on Christmas Day.

Families unable to have a Christmas dinner are welcome to attend. In fact, any Niagara College and Brock University student unable to make it home for Christmas is also welcome to attend.

Within the parish, many volunteers have offered their services. About 50 individuals will provide transportation to the dinner andhelp serve the meal. Other members of the church and merchants from the community are donating the food.

"If there is someone in St. Catharines or Niagara Falls who will be having a lonely Christmas, we will have no problem picking them up and taking them home after the evening is finished," said Church.

Tradition means Christmas together as family cherishes special memories

By RACHEL LEECH
Staff Writer

Snowflakes falling softly to the ground, while inside a roaring fire warms the children huddled by the tree.

Mounds of presents seem to pour out from the tree's base. The children sit in anticipation of what's to come.

Mother and father, side by side. Dad always hands out the presents.

It's a game to see who will get what and who will get it first.

The gifts are distributed one by one and wrapping paper soon covers the floor.

After, thanks are expressed and the dinner table is set.

The aroma of roasting turkey envelops the house and hungry bellies eagerly await dinner.

The meal is served by 5 p.m. and devoured by 6 p.m.

After dinner the dishes are washed and then the family nestles down by the fire with aching bellies to talk and relax.

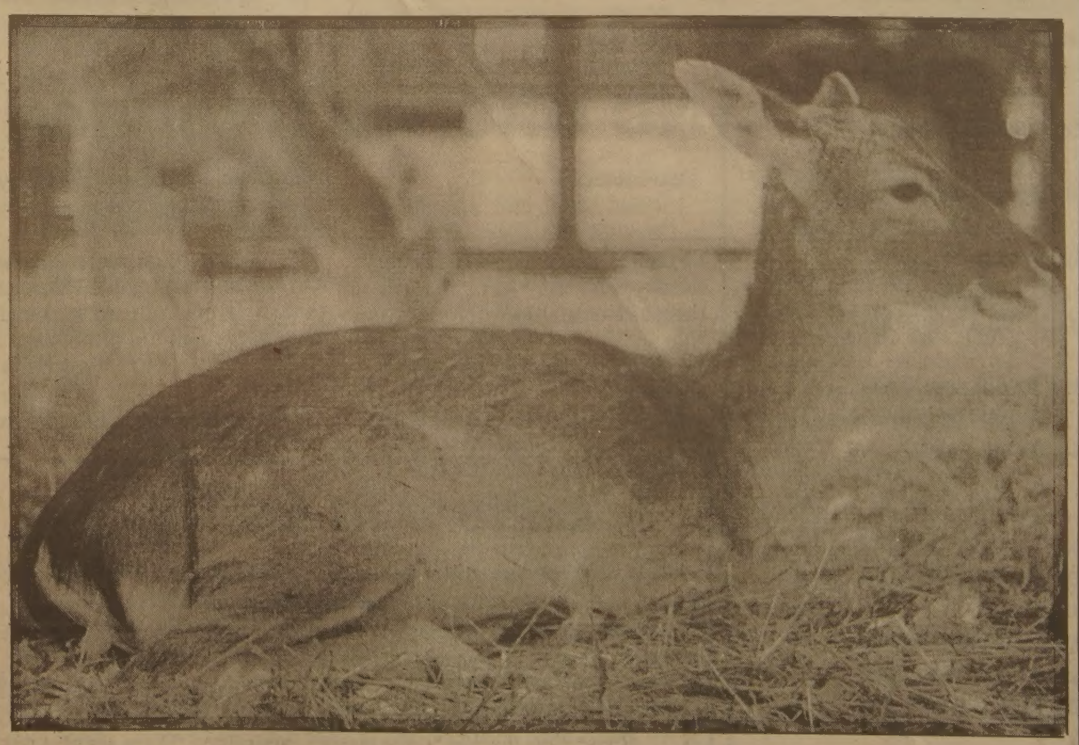
This was my typical childhood Christmas.

As the years have gone by, it hasn't changed much, except for the fact that I am giving more gifts and receiving more practical ones.

My family has always believed in spending Christmas together and that is a tradition I refuse to let die.

Even though the winter winds chill my body, Christmas with my family always warms my heart.

Here's Santa's reindeer



European Fallow Deer from the Four Season's Petting Zoo in Woodbridge, Ont., take a break on Nov. 22, in the centre court at the Welland Seaway Mall while children visit Santa Claus.

Photo by Kerri Wood

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EDITORIAL

Niagara News

The Niagara News is a practical lab for the **Journalism-Print program, covering the college community and other areas of interest. Opinions expressed are not necessarily those of the management of the Niagara News or the administration of Niagara College. P.O. Box 1005, 300 Woodlawn Rd., Ontario L3B 5S2. Phone (905) 735-2211/ 688-1380/ 384-9760/ 382-2383/ FAX (905) 735-8112.**

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Who decides?

Robert Latimer was convicted and sentenced to two years less one day for the murder of his 12-year-old daughter, Tracy, who had cerebral palsy.

Latimer says he killed his daughter because he loved her. He said she was in continuous physical pain. His wife had said it might be better if Tracy were dead. She is.

If Tracy's mother had had an amniocentesis test in early her pregnancy with Tracy and determined the fetus would be born with cerebral palsy, she could have terminated the pregnancy at that time.

Women who have the test have the option of terminating the pregnancy if the child has any physical abnormalities. These women aren't charged with murder. In some quarters, they are praised for exercising their right to choose.

In essence, Latimer did the same thing any woman could do—and perhaps would do.

The only difference is he waited 12 years and was convicted of murder. He's in jail. Women who exercise their right have the opportunity to try again. The court system ignores them.

Kerri Wood

Mike, drop that scalpel

Health care standards are being threatened by public funding cuts.

Ontarians have specific expectations of their provincial government. One is to maintain past standards of health care which are among the best in Canada.

Over the past two years, Mike Harris's Conservative Party has implemented cuts drastically affecting the quality of health care.

The Common Sense Revolution scribes maintain the cuts are necessary and financial resources are simply no longer available.

Of all the social programs offered, we contend the health system is universally recognized as being vital. We must uphold, sustain and support it.

We depend on advances in modern technology to upgrade the knowledge of trained professionals in the medical field.

All areas of health care are dramatically affected, including health care facilities, hospitals, staffing and access to proper equipment. Without the necessary funding, everything is shortchanged. Every person is affected directly or indirectly.

When someone we love is ill, we don't need the anxiety of waiting for treatment, be it a heart transplant or sitting in an emergency room for half the day.

Over the past two years, waiting lists for surgery and shortages of beds have increased. Many doctors have left to practice in the United States.

As taxpayers, we should be concerned with the level of trust we place in the present government. If cuts to health care open our eyes to anything, it is to recognize the control and greed our elected members exhibit in slashing the deficit at the expense of our health.

Sharon Whaling

Letters to the Editor

International success

Dear Editor:

On behalf of the students of the Maid of the Mist Centre in Niagara Falls, I want you to know everyone involved with this fall's International Day thanks you for your assistance and expertise, particularly staff writer Kevin Harding.

We hope that is has been an enjoyable opportunity to showcase countries and cultures.

Over 350 students and faculty from both Niagara College campuses as well as the general public attended, allowing them to gain a greater understanding of the world we live in and the people we interact with each day.

This International Day turned out be the most successful ever held and this success is shared by your help. Thank you again for your help and participation, which are greatly appreciated.

Sincerely,

Soonho Kwon,
International Day
co-ordinator

Apology requested

Dear Editor:

I was disturbed by the comments by Jos Nolle, director of International Education, as reported in the International Supplement of the Niagara News published on Nov. 21.

Just who are the old, entrenched faculty members he accuses of not supporting or helping to integrate international students?

Does he mean those of us who collected the money for a scholarship to enable international students to come to Niagara? Does he mean those of us who helped establish the English as a Second Language program at Niagara long before he arrived here?

Does he mean those of us who collected books to help Shang-sha University in China?

Perhaps he means those of us who travelled to that university at our own expense to help with that library. Perhaps he meant those of us who have taught at Chang-sha as part of the exhange program. Does he mean those of us who have travelled to Africa, Thailand, Hungary or elsewhere to promote the college?

Was he referring to those of us who hosted international teachers in our classrooms and our homes?

Surely he isn't referring to those faculty members who have acted as host families for international students? Or who have acted as conversation partners for them? Or who have taken international students into their families and community to play hockey, make social contacts, etc.

Is he referring to the large number of faculty members who were born in countries other than Canada?

In my department alone we have people born in Italy, Jamaica, the Ukraine, England and Scotland. Or does he refer to those of us who travel throughout the world so we can learn from different cultures and enrich the college with our experience?

If it is none of these he is referring to, then who it it? Would he be so good as to name them?

If not, would he be so good as to apologize to the rest of us?

Gary Webb
English Department
Board of Governor
faculty representative

No offence intended

Dear Editors:

I would like to offer an apology to Gary Webb, professor in the English Department, and any other faculty who may have read the International Supplement of Niagara News of Nov. 21 with reference to the quote on internationalization.

In my attempt to explain internationalizing the curriculum, my remark was not placed in the correct context.

The success of our international activities is, in no small measure, a result of the quality, hard work and strong support of our professors.

Jos Nolle
Manager
International Education

Letters to Editor

Your voice or opinion is welcome in our Letters to the Editor section. Our policy regarding letter submission is the following:

1. All letters must be received on the Friday one week prior to publication.

2. Each letter must include the student's name, college identification number and program of study.

3. All letters must be signed and include a day and evening phone number for verification use only.

All letters can be mailed or brought to the Niagara News newsroom, Rm. S212, Simcoe Building, Welland campus.

FROM THE HIP

Advertising 735-2211 ext. 7748

Angry drivers turn roads into battlefields

By TINEKE BRUINSMA
Staff Writer

Road Rage is raging out of control.

Road Rage is the venting of anger while driving.

Police describe it as a feeling which moves a driver to act out anger at other motorists, often by gesturing or doing something aggressive like cutting off or tailgating other drivers.

It happens every day. Motorists may not be able to explain it, but a vehicle may cut them off on the highway and the rage sets in. Drivers may use forceful hand gestures to show their discontent or they may curse the driver as they pass them.

Some drivers have let their rage escalate into something more forceful. Recently, a truck driver in Cambridge, Ont., was forced off the road by another rig.

The Ontario Provincal Police has received several calls from motorists who have been given finger gestures. OPP for the Golden Horseshoe get 25 to 30 calls about road rage on every 12-hour shift. Among these calls there are usually four drivers who are described as out of control, they say.

Before we let Road Rage set in, we should take some good old advice and stop to count to 10.

I don't understand why we overreact in such a manner. We do not know why the driver has cut us off. He could have been in a rush to catch a plane or he may have been late for an important business meeting.

Now, you may be thinking a driver should leave earlier in order to allow time for traffic stops and jams. Yet we all know our lives are hectic at times. Unforeseen things happen every day, things that get in the way of our keeping up with our busy schedules.

Before we let Road Rage set in, we should take some good old advice and stop to count to 10.

Pause for a moment and think about where Road Rage will get us. It will not solve anything. Rather it is more likely to endanger other motorists.

Graffiti no laughing matter

By JENNIFER COTE
Staff Writer

How dare you.

You know who you are.

This is to the people who defaced the Men Against Women's Violence White Ribbon campaign poster on the bulletin board by the Mr. Sub cart at the Welland campus.

I first noticed your vandalism at the Welland campus a week ago. I couldn't believe the things you had the nerve to write. Those lines were reserved for committed men to write their names in support of this often-neglected cause. However, you graffitists wrote names that were too graphic to print here. How could you.

The poster is meant to display the men's names who have pledged never to harm a woman by physical violence. It is meant to stop the beating or assault one out of four women will receive in her lifetime, and to remember the 90 per cent of women who have been sexually assaulted. A woman is assaulted every seven minutes.

It is designed to bring an end to this unnecessary crime that kills two women every week in Canada. It is not a palette for your disgusting imagination. It is not funny.

The immaturity displayed in that graffiti speaks volumes about you. You should be ashamed.

On the other hand, I would like to thank the dozen or so men who have signed the poster, clearly, with first and last names. The support means more than you know to the women suffering. Maybe someday suffering will end.

For seven years, the White Ribbon campaign has operated. We have an obligation to help. Go to the poster. Sign it. Clearly and proudly. It only takes a few seconds. One out of four women will thank you.

To the individuals who felt it necessary to deface the poster: think about what you have done. Think about your mother, sister, aunt. What would you do if someone beat or assaulted them? Go back to the poster and erase the graffiti. The women in your life deserve that much.

Word on campus

By CRYSTAL OLDER
Staff Writer

Do you think the Student Administrative Council (SAC) funding is put to good use?

Shawn Donn, 22, of St. Catharines, a first-year Computer Electronics and Electrical Engineering program student, said, "It probably isn't managed properly. I haven't noticed any SAC activities being advertised."

Cindy Holland, 24, of Welland, a second-year Business Administration-Accounting Co-op program student, said, "Well, although they have lost money with things that people don't want to do, on the whole I think they are doing a great job."

Melissa Shepherd, 18, of Beamsville, a first-year Career and College Opportunities program student, said, "I think so, for all the activities that the students want to do."

Karl Tutti, 31, of Welland, a first-year Electronic Technician program student, said, "Not always. But I believe that SAC is presenting everything to a variety of people. It is doing better than last year."

Janet Burse, 18, of St. Catharines, a first-year Career and College Opportunities program student, said, "Yes, there is a lot of social activities."

Departed friend loved the outrageous

By PAUL JACKSTIES
Staff Writer

I first met Penny Hoar about seven years ago while living in Toronto.

She was like no one I had ever met before. She was a few years older and we shared the same birthday, a fact that she always liked to bring up when she introduced me to friends.

She was a bright and beautiful woman with a colorful past that she was never shy to talk about. Among other things she had once been a stripper and had appeared several times in the media dressed as an RCMP officer.

On one occasion she greeted me in the nude and proceeded nonchalantly to shave her pubic hair in front of me while I visited. That's the kind of person she was.

She operated a cross-dressing service from her home and boasted the largest collection of women's clothing in town. She loved publicity and had had a story written about her in Toronto Life magazine.

When she appeared on the Dini Petti show I went down to be in the studio audience. She was never boring.

A few years ago she went to Chicago for treatment for her bulimia. When she started performing around town as a "lie-down" comic, she used the experience in her act..

Politically, she ran twice for the Rhinoceros Party. Her brochure read that she'd had as many occupations as Poland.

I was stricken when I heard she was in the hospital for a drug overdose early this year. I visited her for the last time as she was lying unconscious in the intensive care unit. I spoke to her consolingly as if she might hear me.

Her parents returned unknowingly from a vacation in Mexico to find their daughter was in a coma.

A week after the overdose, they decided to take her off life-support systems, and Penny passed away.

The chapel in Cabbagetown where her service was held was jam-packed.

Penny had just bought a house in Kensington Market before heroin took her life. I never knew she was using. There was nothing I could have done even if I had known.

She will be sadly missed by many.

Columnist explains women's movement

By BRENDA BEAVEN
Staff Writer

The use of today's language reflects how far society has come in recognizing different social groups.

I read the editorial in the last issue of Niagara News and was deeply disturbed at the disregard for the importance of the "womyn's" movement.

The evolution of the English language is not new to the 1990s; for example, in the 1800s a woman was referred to as a "wench," and not too long ago it was acceptable to refer to Afro-Americans by using the "N-word." Why should it be any different to change a few simple words such as chairman to chair or chairperson?

By choosing the right words, a person demonstrates that communication can be an important tool, I agree. The words you choose to use should reflect your sensitivity to and knowledge of the issues we face in the 1990s.

I think in some cases feminist action has gone too far, but sometimes it is necessary to be in your face to make the point, as in the words of Malcom X, "by any means necessary."

The point is this: if you think a few word changes is the issue, then you had better take another look at the world we live in, because that's not what being a woman is about.

EMPLOYMENT

Niagara College hosts Career Fair

150 students attended to view display

More than 150 students took part in Niagara College's first Career Fair in five years.

Employees from 10 companies involved in information technology, power generation, automation and telecommunications attended the fair on Nov. 19, geared to technology students at the college.

Niagara College held its Career Fair in the Tecumseh Lounge on Nov. 19.

Canadian Tire Acceptance Ltd., of Welland, EDS Canada, of St. Catharines, and Peace Bridge Brokerage (PBB), of Fort Erie, were the three companies from the Niagara Region at the fair. The remainder of the companies came from across Ontario.

Rawle James, a human resource consultant from Canadian Tire Acceptance Ltd., said he came to talk to the technology students because "these are the types of students we're trying to attract."

"We (Canadian Tire Acceptance Ltd.) hired five to 10 Niagara College students last year" and "we've done a lot of hiring in the last six months," said James, adding he has attended "three or four career fairs" in the last year.

He said his company is "trying to give (students) a taste of what to expect in the real world." The company offers information processing and call centre management.

Linda Cybulski, a representative from PBB, a company dealing with global logistics, customs and freight forwarding, has had displays at three career days this year.

She said her reason for attending the fair was "to shop for the best students." She said a past graduate of the college who was hired by her company "worked out really well."

'There's a lot of interesting stuff out there.'
— Jeremy Koole

Jeremy Koole, 19, an Electrical Engineering program student at Niagara, said he is interested in a job in electronics. "So far, the fair is pretty good," he said. "There's a lot of interesting stuff out there."

Greg Farish, the representative from Wescam, a company specializing in high resolution camera capture technology in Hamilton, said the company's cameras are used for air news helicopters, tanks and cars. "There were six systems recording the events of aquatic activities at the Olympics," he said.

Cameras are used at the finish lines in ski races and others are placed on race cars.

Darryl Teefy, 20, a third-term Computer Engineering Technology program student, said he was "just getting information on what's out there." He said the fair was "for people's information."

Jean Brodie, of Welland, is a co-operative education consultant for the Computer Electrical Electronic Technology program. She said this was the first Career Fair at the Welland campus in the last five years.

About 150 students were "coming and going" to view the displays.

"I think the fair went really well . . . this is a good time for employers to hire," Brodie said.

"All the companies present were interested in hiring students. It was a good time for co-op students to present themselves."

Brodie said the fair proved to be "quite beneficial for graduating students. It was a win-win situation for both sides."

Mike Scanlon, systems group manager (left) and Dave Telford, outside sales representative, stand beside their display at the Career Fair.

Graduate commends college

Constable Andrew Ottay, 26, of Ancaster, has worked for the Hamilton-Wentworth Regional Police for nearly three years.

Ottay graduated from the two-year Law and Security Administration program (LASA) at Niagara College in 1995.

For his first co-op, Ottay worked 80 hours for the Niagara College Campus Watch. He then went to work for two weeks at the Ontario Police College where he says he would often "play the bad guy in scenarios."

Finally, he attended a Student Auxiliary program through the Niagara Regional Police (NRP). While doing co-op placement with the NRP, Ottay experienced different aspects of the police department such as patrolling with on-duty police officers.

Ottay volunteered for 150 hours at the Guardian Youth Home in Niagara-on-the-Lake, an open custody correctional facility for young offenders. There, he often took young offenders on outings.

He was a volunteer auxiliary police officer with the Haldimand-Norfolk Police Services after he completed his first year at Niagara in 1994. "I was uniformed like a police officer but, of course, I did not carry a gun."

Ottay says the LASA program gave him "some of the basics of policing," but didn't fully prepare him for his job. "Nothing can fully prepare you. Only job experience can teach you what policing is really about."

He says policing is "common sense," but "the class that proved most useful was criminal investigation."

Ottay was hired by the Hamilton-Wentworth Regional Police in August 1995, just three months after graduating from Niagara College.

"I expected to eventually get a job policing, but I did not think it would happen so fast after graduation."

He says he owes his success to the amount of time and effort he put out during his co-op placement. "Without co-op job placement through Niagara College, I don't feel as though I would have been successful in gaining employment. Most students didn't even take part in a co-op placement."

Ottay says he became a police officer because "I wanted a job that would be exciting, unpredictable, a job where I could help someone in need."

He says he sees education as "a survival of the most fit" and urges all students to "obtain as much job experience as possible. Keep applying for the job you want and never give up. Education is the key to success and anything can be accomplished if you work hard enough."

Ottay says he is considering going to university to further his education because "knowledge is power."

Constable Andrew Ottay, of the Hamilton-Wentworth Regional Police Services, reads a copy of the Niagara News. Ottay is a graduate from the Law and Security Administration (LASA) program at the college.

All stories and photos by Carrie Chehowski

Career Guide improved

Continued from Page 6

within the community, such as the Niagara Regional Police.

Russo says the input from graduates and community agencies was "extremely helpful."

There were 40,000 guides produced this year, up 5,000 from last year. The accumulated cost for production was $45,000 (including all taxes), or $1.13 a guide.

Course information was not added to the guide because it was not in demand, says Russo, adding in the past she would "recycle 4,000 of the 5,000 printed," and the money was being wasted.

Four years ago Niagara, along with many other colleges in Ontario, stopped including the information in the Career Guide because it was "hard" to keep course descriptions up-to-date.

About 3,000 course information supplements will be circulated throughout the college and to area high schools, and to international destinations such as Canadian embassies, local unemployment centres and wherever they are requested. If there is a shortage of supplements, new ones will be produced with the most current information.

Course information was deleted from the guides because in many cases, the information would be "old" or "changed" by the time incoming students received the course description.

Russo says the guide will be put on the college's Web site. "All materials found in the guide will be replacing the college's existing Web site."

The guide is expected to go online in January. The Communications and Planning Department "tried to come up with a whole new book to try to solve problems we've had in the past," says Russo, adding there were five full-time employees and one part-time employee working on the guide.

About 3,000 course information supplements will be circulated throughout the college and to area high schools, and to international destinations such as Canadian embassies.

Three photographers were involved, including Heather Burton, a Journalism-Print program graduate studying in the post-graduate Public Relations program; Jerry Salfi, a planning and communications employee; and Carole Timm, a photography instructor in the Journalism-Print program who took 80 pictures for the guide.

Planning and Communication employee Michael Turner did most of the design work, while Maggie Sadler and Cathy Weir did the proofreading of the guide.

Christmas with Mother Nature

By KEVIN MCKEE
Staff Writer

Christmas is a time of giving, and what better way to give of yourself than to protect the beauty of nature.

The World Wildlife Foundation (WWF) offers a meaningful alternative for gift ideas this Christmas. For $25 an acre, donors can help preserve 14 of Canada's natural wonders by Canada Day 1998. This campaign is to save endangered areas. The WWF has almost reached its goal for conservation but this is still a worthwhile cause.

One of the 14 areas is right here in Ontario — the Algoma Highlands. This beautiful area is home to lynx, pine martens, wolves, black bears and three-toed woodpeckers.

Greg Parsons, membership communications officer of the WWF, said "E.B. Eddy Forest Products is already in there logging."

Unsustainable logging and new road development threaten the wildlife, said a WWF press release.

"These 14 sites are hot because we have an opportunity right now to protect them," said David Love, senior vice-president of WWF Canada.

Gift packages include a Guardian of Canadian Wilderness certificate, a full-color poster detailing all the hotspots in Canada and a description of what the WWF is doing to protect them.

Also included in the package is a fact sheet about the hotspots in the purchaser's province. It includes details about threats facing the area and what we can do to help.

"Much work has already been done by local residents, conservationists, industry and governments across the country to gain protection for these magnificent wild places," said Love, "but to push these sites over the top, strong public support is urgently needed."

There is a hotspot area in every province. To find out more, call WWF at 1-800-26-PANDA.

To know more about the WWF, you can find them on the Internet at http:\\www.wwfcanada.org.

Endangering Ontario's last great forest

By KEVIN MCKEE
Staff Writer

Early this century most of the forests that lined the Great Lakes and stretching east to the St. Lawrence River fell to loggers.

One of the last of Ontario's great forests, this region is being choked of its life. The World Wildlife Foundation (WWF) has launched a campaign to save the Highlands and 13 other endangered areas in Canada.

Located inland from the eastern shore of Lake Superior, the Highlands has the tallest white pines in the world. Some reach 15 storeys high and tower over canopies of red maple, sugar maple, spruce and yellow birch.

The trees in the Highlands were left standing in the early century because of its inaccessibility, but now with the proper tools the forest is in danger of extinction. E.B. Eddy Forest Products is logging in the Algoma Highland region right now, said a WWF spokesperson.

The mixture of snow, rain and rich soils make the Highlands one of the most diverse forests in all of Canada. An inspiration for the Group of Seven, the Highlands is home to pine martens, barred owls, peregrine falcons and thousands of other plant and animal species.

Strikes, spares, misses, on college bowling nite

A woman hopes for a strike at Bowl-O-Rama Lanes. Niagara College Night is on every Thursday night from 9:30 p.m. to midnight.

Photo by Carrie Chehowski

By CARRIE CHEHOWSKI
Staff Writer

Lights, music, bowling!

Bowl-O-Rama Lanes at 968 Niagara St., in Welland is offering a Niagara College Nite.

Every Thursday from 9:30 p.m. to midnight for only $2 (plus GST) students can bowl to "great music, special lighting, fog machines and glow-in-the-dark pins," says Brenda Warankie, 44, of Welland, assistant manager of Bowl-O-Rama.

She has worked there for 18 years. She says Niagara College Nite was started last year. "We decided to have it (Niagara College Nite) because the college is close to us and we figured to try to cater to (students)."

Warankie says Bowl-O-Rama used to have Niagara College Nite on Mondays and Thursdays from 9 p.m. to midnight, but decided to focus on Thursday nights.

Ten-pin bowling is offered during the day. "If students let us know they're from Niagara College, we won't charge for shoe rental," says Warankie.

Bowl-O-Rama offers special prices for companies, schools and large groups consisting of 16 or more people. The facility has 36 lanes, including 20 10-pin lanes and 16 five-pin lanes.

Did you know . . .

A moment in history

By KEVIN HARDING
Staff Writer

• On this day in 1922, British Prime Minister David Lloyd George and a five-man delegation from Ireland signed the accord that split Ireland in two, creating the Irish Free State while leaving Northern Ireland in the direct control of the English.

Irish President Eamon de Valera opposed partition, claiming it was "in violent conflict" with Irish majority wishes.

• On this day in 1923, Emanuel Kessler, the so-called "king of the bootleggers," was sentenced to two years in prison and fined $10,000 for violations of the Prohibition Act. Kessler was caught trying to acquire 4,900 cases of scotch whisky and 1,300 cases of champagne using forged permits.

• On this day in 1926, French Impressionist artist Claude Monet died at the age of 86. Most critics agree that Monet did his best work in the last 10 years of his life. Remarkably, Monet was almost blind by this time.

• On this day in 1933, Utah became the last U.S. state to ratify the 21st Amendment. As a result, the 18th Amendment was repealed and the 14-year era of Prohibition came to an end.

• On this day in 1936, a new constitution came into effect in the U.S.S.R. guaranteeing universal sufferage to all Soviet citizens. However, this new-found right was of little use since the Communists were still the only legal political party in the Soviet Union.

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Personalized plates provide perfect presents

If you're having trouble coming up with the perfect holiday gift consider personalized or color graphic licence plates.

You can choose from two to six characters made up of almost any combination of letters and up to two numerals. In color graphic plates, there are now 36 choices, including 10 new logos introduced last month.

The latest graphics include the Canadian flag and logos of SkyDome, York University, Girl Guides of Canada, Fire Service Society, University of Guelph, Ontario Square and Round Dance Federation, Knights of Columbus and the Ontario Federation of Anglers and Hunters.

Information about these and the other 26 graphic selections can be obtained by calling 1-800-AUTO-PL8 or by visiting a licence issuing office to obtain a new brochure illustrating all the available choices. Orders can also be placed at these locations or at any Service Ontario kiosk.

Christmas delivery is available for regular series graphic plates ordered at any licence issuing office before Dec. 5. The deadline for ordering personalized licence plates for Christmas was Nov. 28.

Regular series plates with graphics sell for $50. Those already owning a personalized plate can add a graphic for $50. The cost to first-time buyers of a personalized plate with a graphic is $175. Delivery takes up to four weeks. Gift certificates are available in denominations of $30, $50, $125 and $175 plus GST.

Courses set for next year

Students encouraged to register A.S.A.P.

Here's a reminder for Niagara College General Arts and Science (GAS) program students.

Many interesting courses have been planned for the winter term, beginning after the Christmas holidays.

GAS program students are invited to attend one of the following sessions to register for next semester. No appointment is necessary.

Tom Busnarda, GAS program co-ordinator, says staff will be available during these times to help students.

The dates are as follows: Thursday, Dec. 18, from 1 p.m. to 4 p.m. and from 6 p.m. to 8 p.m.; Friday, Dec. 19, from 9 a.m. to 11 a.m. and from 1 p.m. to 4 p.m. in Lundy Rooms 2 and 3; on Monday, Dec. 22 and Tuesday, Dec. 22, from 9 a.m. to 11 a.m. and from 1 p.m. to 3 p.m. in Simcoe Building, Room 110.

Two sessions are available in the new year on Monday, Jan. 5, from 1 p.m. to 4 p.m. and on Tuesday, Jan. 6, from 3:30 p.m. to 5:30 p.m.

Angela Seddon, GAS program assistant, said she encourages students to register as soon as possible because courses are filled on a first-come basis.

Classes begin for GAS students on Tuesday, Jan. 6.

Tobacco, alcohol ads rejected

BY JEFFREY SCHELHAS
Staff Reporter

Have you read any good advertisements lately? If not, go to a Niagara College washroom.

Fifty framed advertisements are displayed in various college washrooms.

Sandy Fox, manager of ancillary services, said she contracts out the ads through New Ad Media, a company which sends an assortment of advertisements for approval.

"Very few of the ads submitted are refused," said Fox, although all tobacco and alcohol ads are banned.

The project with New Ad Media brings the college $18 per frame to assist student programs.

The ads are usually promotions for companies such as Much Music, Whiskey Saigon and movies such as The Chamber.

Lisa Little, 19, a second-year Office Administration student, from Port Colborne, said, "The ads make the washrooms look cleaner."

There have been a few complaints. Three women had a problem with a Much Music ad showing a girl with a navel piercing. The ad stayed on the wall because it was not considered distasteful, Fox said.

Mary Stanziani, 22, a third-year Broadcasting, Radio, Television and Film program student, from Hamilton, said, "It is a private thing, and you are being bombarded with commercials."

Non-profit organizations, such as Greenpeace, can use the advertisement frames at no charge.

"(It's) good advertising since you are already there, and it gets rid of graffiti," said Little.

Here's the perfect gift

Looking for the perfect gift for everyone on your Christmas list?

The lottery ticket fan? The art lover? Anyone who needs a calendar?

The Big Sisters Association of Welland, Port Colborne and Pelham has the answer for you. It's a beautiful full color wall calendar featuring the work of talented Canadian artists.

It's a lottery ticket worth a chance to win $36,000 in prizes in 832 draws held during the year. It's a practical way to support the important work of Big Sisters in your community.

Calenders are available by calling or faxing (905) 732-2341. Or you can pick them up from the Big Sisters office at the Seaway Mall.

The Big Sisters Lottery Art Calender is the gift for everyone on your list. And the best news is this: one size fits all.

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Piercing deep into the heart of self-expression

Fad becomes steady business

By ALEX HALMAI
Staff Writer

Beauty has always been in the eye of the beholder.

With the explosion of body piercing in the 1990s, the strong re-surgence in the ancient art of self-adornment has literally shown that many of us regard beauty as also being in the eye of the needle.

What many thought to be a fad has enjoyed its boom in the mid-1990s and has leveled off into a steady business.

Attribute all this to a growing acceptance of new forms of self-expression in the wake of a more informed populous.

"There's more information out there. People have realized that it's not just something for bikers or punks," said Jeremey Riehl. "The social stigma attached to piercing is vanishing as we become more of a global community."

Twenty-five-year old Riehl has been piercing doctors, lawyers and police officers alongside bikers and punks at Artistic Impressions "New Concept" tattoo and body piercing studio in St. Catharines.

"New Concept" refers to the dedication the studio has to each client.

"We'll explain every aspect of the piercing so the individual understands exactly what is involved in the process and what they need to know in terms of aftercare."

Added to Artistic Impressions' policy of information is a friendly, no-rush, no-attitude environment.

"We accept anyone from all walks of life," said Riehl.

The roots of body piercing extend deep into the heart of ancient culture.

African, Indian and Polynesian tribes viewed body piercing as a form of ornamentation, a way to enhance one's physical beauty.

Tongue piercings where commonly done by the ancient Aztecs. Genital piercings such as the Prince Albert, a piercing which goes through the urethra and comes out through a hole in the underside of the penis have been performed since the Victorian age, when it was called a Dressing Ring, and used to secure the penis to one leg in order to conceal it in the tight pants that were in style at the time.

A Native American ritual known as the O-Kee-Pa or Sundance, is still performed every summer by the Cheyenne, and allows a renewal and revitilization of thier culture. It consists of making a deep piercing behind each nipple and then inserting hooks with ropes attached to the piercings, and concludes with spinning the initiate in circles until he loses consciousness.

The most common piercings of the modern era are the navel, the nose, the eyebrow and the nipples, the tongue; which is "getting more popular as people realize that it doesn't hurt as much as it appears to," and the navel, which is the most popular "starter" piercing for women.

"A lot of guys usually start with their nipple, which is kind of tender for your first experience," said Riehl. "I've had guys come in who want both their nipples done, and if it's their first piercing experience we usually start with one. About half of them don't come back for the other.

"It's hard to explain the amount of pain you experience during a piercing because it can depend on so many factors. Each individual reacts differently to pain."

The actual piercing is only one aspect of the job. "One of the hardest parts of my job is calming people down and getting them to relax."

Riehl said he decided to make the jump from a personal interest in body piercing to doing it professionally because he believes "people should understand the essence of what body piercing is all about, and at the same time get professional, high-quality service, ensuring that the experience is a whole one."

"It's nice to see a glow of happiness on someone's face, especially when they're experiencing piercing for the first time," he said.

Since there "are no real schools in Canada teaching the techniques of body piercing," would-be piercers must travel to the U.S. or acquire an apprenticeship with a piercer in Canada who has received training.

Riehl said he was fortunate to acquire an apprenticeship, and has been applying his art for four years.

Heather Dinwoodie, 20, of St. Catharines, braces herself as her navel is pierced by piercer Jeremy Riehl at Artistic Impressions in St. Catharines.

Photo by Andrew Hall

"There's no major danger involved in any of the piercings we do. The way Mother Nature built us, there's really nothing that dangerous on the outside of us. A small percentage of people have small veins running through their earlobes or eyebrows which we always check for."

Everything the studio receives comes sterilized. For added safety, the surgical stainless steel jewelry is subjected to heat of almost 300 degrees Celsius, killing any bacteria that may be present.

"There is a board being put together by one of the leading piercers in Toronto to regulate how the jewlery used in piercings is sterilized in Ontario," said Riehl

The actual procedure in most piercings involves numbing the area that is to be pierced. A hollow needle, simular to that used in a blood test, is inserted through the area. The jewlery is inserted into the end of the needle and then follows the needle through the skin. Once the jewlery has been pulled through, the needle is discarded and the jewlery is locked in place.

Most of the complications happen from improper care. "The first few days are the most important in determining how well a piercing will heal. That's when they're the most susceptible to infection," said Riehl. "Not agitating the piercing and proper cleaning are essential to a quick heal.

"Most people who have been into piercing for a while try not to do anything strenuous for the next few days after they get pierced, they make sure it's clean, and don't touch or agitate the piercing," he added.

Most people don't realize that they should get their piercings done in the winter time because "you shouldn't go swimming after a piercing or cover it with too many oils or creams. It's more of a party atmosphere in the summer whereas in the winter most of us are more relaxed and piercings such as the navel or nipples are covered up and better protected."

While ancient Romans used nipple piercings to hold up their capes, today's body piercing has become a way of holding up a sign of self-expression, declaring individuality.

Other cultures used piercings as a right of passage, to signify a new begininng, and "even though everyone says it's such a coined phrase, it's still a right of passage," said Riehl.

"People come in and get pierced after they got a job or (have) just lost one, after they started school or just finished it, or if they just broke up with their boyfriend or girlfriend. It's a way of signifying change."

For more information on body piercings and after care, search the Internet using the key words: Body Piercing.

It's Your Niagara News

Besides our annual Christmas Edition Dec. 12, the Niagara News will publish three special supplements in 1998

- Our first will be the College Sports/Super Bowl supplement on Jan. 23
- Our second will be the Lifestyles/Bridal supplement on Jan. 30
- Our third is the Music Band supplement, "Riding the Riff," due out March 20

Besides these three supplements, the Niagara News has 10 regular editions Dec. 12, Jan. 16, Jan. 23, Jan. 30, Feb. 6, Feb. 13, March 6, March 13, March 20, April 3 & April 17

If you have story with personality–tell us! (905) 735-2211 ext. 7750

PERSONALITY

Calling All Bands! Book Your Spot In *"Riding the Riff"*

Niagara professor has scented past

By JENN WALKER
Staff Writer

After college you get a job and that's it, right?

Not for Nancy Schappert, a Niagara College professor in the Business and Entrepreneurship division.

The 36-year-old graduated in 1979 with a Business Administration diploma from Fanshawe College in London, Ont. That was far from the end of her learning, however.

Soon after she graduated she got a job as a regional sales manager for a chain of eight stores in Southwestern Ontario. She received the Regional Sales Manager of the Year Award while she was there.

In 1985 she moved on.

Schappert then completed a three-week Xerox Professional Sales training session in Leesburg, Virginia, for Xerox Canada Inc. She became part of the sales team marketing office equipment.

After one year she found a "wonderful job" at Sanofi Beauté Canada Inc. in Mississauga, Ont. She became a territory manager marketing fragrances, such as Oscar de la Renta, to major retailers. There she held most of the Sears accounts in Ontario.

"I spent like 20 hours a week in my car," she said.

Schappert stayed with that company for nine years managing sales and marketing, and travelling through Ontario, across Canada and to areas in the United States.

"Sales people are really treated well within a sales company because they are the ones that actually bring in the business," she said.

After learning all she did from these jobs, she put her knowledge and energy into starting her own business, NLS Presentations. She held seminars and professionally trained others in business, sales, entrepreneurship, marketing and computer applications. Niagara College was one of her customers.

NANCY SCHAPPERT

From there she was hired by the college as a full-time professor.

"I knew it was time for a change," she said. "It was time to do something different, so I really welcomed that."

Schappert said she remembers when she was in college, looking at the teachers and thinking, "Yeah, I could do this. I would like to do this."

She said although it took time, she knew here was where she should be so she could bring her "professional experience and expertise and combine it with presentation skills and hopefully give my students something that would motivate them."

"I want them (students) to realize that the things that they do in class is really a reflection of who they are," Schappert said.

The students in her classes have a lot of opportunity to experience the real world while still being in school. She credits Barry Sharpe, Business and Entrepeneurship director.

"He is wonderful to work for," she said. "He really encourages us as professors to bring a lot of real-life community projects into the program, for two reasons. It's great to get the community involved in the college environment and at the same time I think it gives so much more to the students."

Schappert has had several successes in her time here. The one she is very proud of is the "Little NHL" project that the sales students do every year.

The students go out and sell advertising in this project. The project usually raises about $4,000. They set a goal of $5,000 and achieved $8,000. Sharpe was "quite instrumental" in this project as well.

"It's great for them to try it in a real non-threatening environment," Schappert said.

As well as accomplishing all that she has, Schappert is married and has three children.

College graduate finds music industry career

By TINEKE BRUINSMA
Staff Writer

Great Big Sea and Wide Mouth Mason are all in a day's work for Jeff McKay.

McKay, 23, of St. Catharines, is a graduate of Niagara College's Journalism-Print program and the Public Relations (Post-graduate) program.

"Public relations opens up doors for you," he said.

McKay is an assistant editor at Norris-Whitney Communications Inc. The communications company publishes four magazines including Canadian Musician, Canadian Music Trade, Professional Sound and the newest addition to the company's publications, Professional Lighting.

McKay's job requires him to proofread the copy that goes into the four magazines.

Long hours are just part of the job for McKay, who begins his day at 8:30 a.m. and could end as late as 9:30 p.m.

'There is stuff like tonight, Gods knows what time I'll get in.'
—Jeff McKay

On Nov. 28, McKay was on his way to Toronto to cover the bands Great Big Sea and Wide Mouth Mason. "There is stuff like tonight, (and) God knows what time I'll get in," he said.

McKay has quite a few perks that come with his job. Meeting the likes of Sarah McLachlan and I Mother Earth makes his job exciting, he said.

JEFF McKAY

"I get free CDs and concert tickets and get to meet the bands."

It is not all play for McKay when he covers events, however. He must be a professional photographer, taking all the proper avenues to make sure he does not step on anyone's toes as he does his job. He must contact the event's co-ordinators and ask questions in regard to restrictions for coverage.

He started his job at the company in the beginning of August. McKay heard about it through the Employment Services Department at Niagara College.

"I put my resume in at Employment Services at the college and got the job."

McKay has a broad musical background, having played several instruments in his childhood. He played piano for five years then moved to the French horn and then the recorder.

'I get free CDs and concert tickets and get to meet the bands.'
—Jeff McKay

Later, McKay tried his hand at playing the guitar and then advanced to classical guitar.

McKay said he enjoys music and always knew he wanted to work in the music business. He has been to many concerts and collects CDs.

"I couldn't tell you how many concerts I have been to," he said.

Former grad of BRTF now writing, teaching public relations

By SHARON WHALING
Staff Writer

Teaching at Niagara is "like coming home" for its newest public relations professor.

Peter Maurin, 37, of St. Catharines, accepted a position with the Information and Computer Technology division teaching public relations to second-year students of the Journalism-Print program and Broadcasting-Radio, Television and Film (BRTF) program.

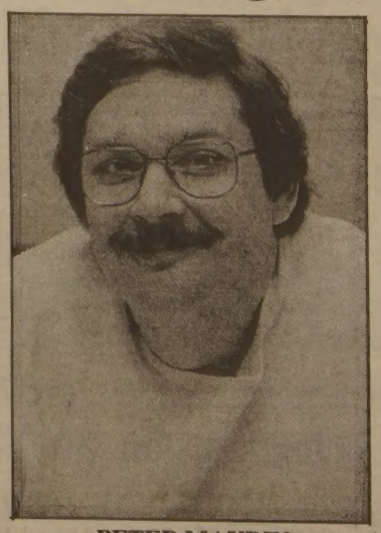
"I like talking and teaching with media students," says Maurin.

He brings with him 4 1/2 years of service with CHOW of Welland, two years working with radio in the Ottawa Valley and 12 years with CKTB in St. Catharines. For CKTB he was an announcer and music director.

'I've always wanted to be a teacher in one way or another.'
—Peter Maurin

He is a graduate of Niagara's BRTF program and holds bachelor degrees in sociology and film from St. Catharines' Brock University and a masters in sociology from Hamilton's McMaster University.

Teaching part-time at the Welland campus, he is also busy with a freelance writing business and teaching at Brock University and Oakville's Sheridan College.



PETER MAURIN

He is completing his third book entitled *Study Skills Book — Keys to Success* .

His first two books are a wrestling guide, *Professional Grunt and Groan — It's Only Wrestling*, and a textbook, *Mass Media Communications*.

Maurin's contribution to literature on wrestling included chapters on notable wrestling families' histories, recent obituaries and possible role models for those interested in wrestling. He featured a profile on (Superstar) Billy Graham, who has invested in and suffered in the world of wrestling.

Maurin's media communication survey textbook is apparently "the best-selling media textbook in Canada." It details and outlines chapters on print, television, radio, journalism, public relations and ethics. It was written with John Vivian.

Teaching for Niagara College, Maurin says he's doing what he always wanted to do. "I've always wanted to be a teacher in one way or another."

"It keeps me thinking young."

He is most satisfied when "students realize that theory and practice aren't necessarily separated from one another and that neither is exclusive of the other."

Maurin is married and has two children.

PROFILES

Teaching Indonesians gives teacher satisfaction

By TINEKE BRUINSMA
Staff Writer

Damion Goulbourne, 28, of Welland, is teaching a group of Indonesian principals studying tourism at Niagara College. Before this latest project, he has had a surprisingly large number of positions.

Goulbourne holds a Bachelor of Arts degree in Business and Communications from St. Catharines' Brock University. The former farm boy said he lived on a farm until he was 15 years old.

"Then my family started a construction company and opened their own restaurant," said Goulbourne.

While in university, Goulbourne managed his family's restaurant. He moved on to work at Marineland in Niagara Falls, Ont., as a marketing supervisor in his last year of university.

"I had to work full time and write my exams," said Goulbourne. "(In) my job there, I had 14 employees and was implementing regional marketing strategies."

Following his stint at Marineland, he volunteered for Habitat for Humanities of Niagara as the volunteer co-ordinator.

Goulbourne mentioned that prior to his duties at Marineland he had also started his own business. He developed a workshop presentation called Government Programs for Small Businesses.

He was noticed by Barbara Okanik from Niagara College who recommended him as a teacher for the Continuing Education division.

He taught his program for 2 1/2 years before taking a break and starting a human relations consulting business.

While networking for his firm, he met Carole Johnson, of Niagara College. She hired him to teach a human relations course with a tourism basis.

Goulbourne was recommended for the principals' program by Johnson to Jos Nolle, manager of Niagara College's international department, and Marti Jurmain, director of new product development.

"Now the rest is history," said Goulbourne.

'Basically my job is to ...improve the program.' —Damion Goulbourne

The program has three focus areas: to teach general management concepts, to give the principals exposure to tourism-based business

DAMION GOULBOURNE

ventures, and to facilitate through community and Niagara College contacts.

The main goal is to give the principals hands-on, practical learning in the high schools and tourism businesses.

"Basically my job is to co-ordinate these three strategies and improve the program as it unfolds," said Goulbourne.

Goulbourne mentioned that if it were not for Jhim Burwell and Alison Hogan, who also work with the Indonesian principals, the program would not be the success it is. Burwell is the logistics co-ordinator for the Indonesian School Administrators program. Ortwein is the international projects co-ordinator.

Goulbourne said the program gave him "overwhelming responsibility and satisfaction."

Photographer shows work to students

By RACHEL LEECH
Staff Writer

James Lewis, 31, of Port Colborne, spoke to second-year students of Niagara College's Journalism-Print program on Nov. 26 about his experiences in the media industry.

J.T., as he prefers to be called, is a photographer with the Welland Tribune. He has worked in the industry since 1988.

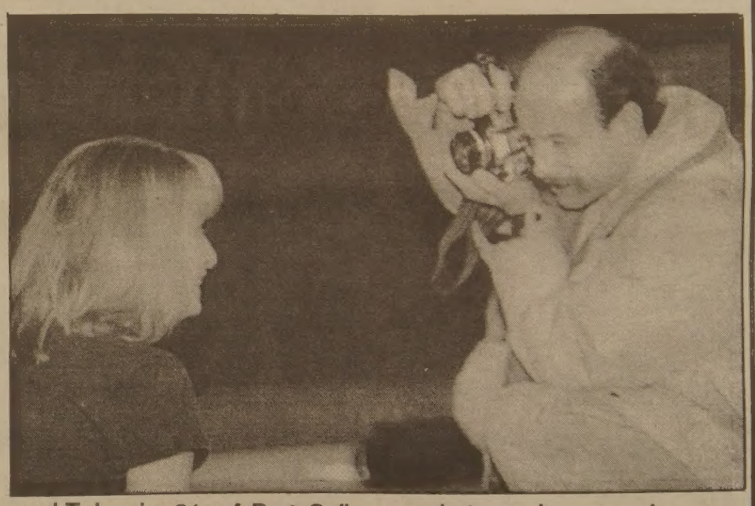
"When I bought my first camera, I took a roll of film and it didn't turn out," Lewis said.

He wasn't always an exceptional photographer. At one time, he, like the students, was learning.

When he presented his portfolio, however, to the sleepy-eyed class at 8:30 a.m. on Nov. 26, their eyes opened in wonder.

The pictures were fabulous; some even amazing. He said he knows how to compose a picture and tells the class to "go to any extent to get the photo."

Lewis has extensive schooling. He started at the New York Institute of Photography, where he earned his commercial photography certificate. He then attended night school at Oakville's Sheridan College for a basic photography course.



J.T. Lewis, 31, of Port Colborne, photographs second-year Journalism-Print program student Tineke Bruinsma, 21, of Smithville.

Photo by Rachel Leech

"It was black and white printing, advanced photography, studio lighting techniques, color printing and large formatting cameras," Lewis said.

Next came an apprenticeship at DeSander's Studio in Milton, Ont.

Finally he took a two-year program in photo journalism at Loyalist College in Belleville, Ont.

While in college, he did freelance work for the Belleville Intelligencer daily newspaper.

During an internship at the Toronto Sun, he did some freelancing for the paper.

Arriving at the Tribune, as its on-staff photographer, he said his favorite subject to cover is "sports photography."

Keeping media functioning

By KAREN GELLATLY
Staff Writer

Don't move the overhead projectors.

RON MOTTOLA

Ron Mottola, 43, is the media technician for Niagara College. The Niagara Falls resident said his biggest pet peeve is staff taking overheads from other rooms when the lamp is burnt out. Most secretaries have extra lamps, and Mottola said he spends a lot of his time tracking down these missing projectors.

'It makes my life easier.' —Ron Mottola

His job as media technician is to "keep all the audio-visual equipment functioning," such as televisions, VCRs, camcorders, and liquid crystal displays (LCDs). There are LCDs in the Hamilton Room, Merritt Room 1, Merritt Room 11, and the multi-media rooms at the Welland campus. Mottola is in charge of servicing all of the college campuses.

He is in charge of purchasing and requisitioning of the equipment. Anything broken is fixed by Mottola and his assistant, who Mottola said is a "great help. Too much is happening for one person," he said.

Mottola moved to the Welland campus Learning Research Centre (LRC) this year, from the Simcoe wing.

He said he is "happy to be here — they're (the LRC staff) a great crew."

'Too much is happening for one person,' —Ron Mottola

With the planning of the new Niagara Falls campus, Mottola is busy. He is installing the new equipment at the campus.

Mottola has been transferred "a lot," from the Business Department and the Media Department. "This is my 15th office."

He said he is training at Sharp to learn to repair LCD projectors and is hoping to train at Panasonic.

He said "it makes my life easier" when Panasonic is purchased.

A long-term goal for Mottola is to have a distribution feed to and from the rooms of the school, as he is doing in the Hamilton Room this Christmas.

The Welland campus was built for such a distribution, with tunnels running from the LRC to the mini-cafe. "It's in the distant future," he said.

Help shelter, get photo of furry friend

By SARAH TAMMI
Staff Writer

A picture says a thousand words.

This year when you're capturing the memories of the holiday season, don't forget about your favorite, furry friend.

You can have your pet's picture taking with Santa Claus at the Lincoln County Humane Society (LCHS).

"This is our eighth year," says Kevin Strooband, an agent for the humane society. "Pretty much all pets are welcome."

Bring your pets to the shelter, at 160 4th Ave. in St. Catharines, this weekend between 11 a.m. and 4 p.m.

Pictures with Santa were also offered on Nov. 29 and 30.

"We've had 103 pictures so far," says Strooband. "Hopefully we can do that again."

The cost of each photograph is $6 and all proceeds go directly to the LCHS.

For more information call: (905) 682-0767.

HEALTH MATTERS

Don't get stressed out, sleep is on its way

By SARAH TAMMI
Staff Writer

No one is immune to sleepless nights, especially students.

Stress, depression and anxiety are the three main culprits keeping you from your meeting with Mr. Sandman.

The semester is coming to an end, assignments are due and exams are just around the corner. This is enough to make any student feel a bit crazy.

Almost everyone, at one point or another, has experienced a troubled night's sleep, but if you spend most nights taking turns staring at the ceiling and the alarm clock, perhaps your problem is a little more serious than a few sleepless nights.

One of the most common sleeping disorders is insomnia.

It can last a couple of days, a couple of weeks or a couple of months. Many people believe an insomniac doesn't sleep at all. However, the most common form of insomnia is the inability to fall asleep quickly and get enough sleep during the night.

"Insomnia is a symptom of stress, anxiety or just too much activity. It's your body's way of telling you to slow down," says Carolyn Hurst, the nurse at Niagara College.

Discovering the source of the insomnia is the first step.

"Look at what the problem is," says Hurst, "and what it is in your life that's bothering you."

Perhaps you can't change or solve the problem, but identifying it is an excellent start.

"Sit down and write it out on paper," suggests Hurst.

"(Then) prioritize it. Ask yourself what can I do today, what can I do tomorrow and what can I do next week?"

Identifying what outside factors cause the depression or anxiety will help you discover ways to solve the problems and let your mind relax. If the problems can't be solved right away, it is a good idea to put what's worrying you aside and deal with the problems in the morning.

CAROLYN HURST

"You can't change anything right then and there (and) you have to accept that you can't," says Hurst.

Another thing Hurst suggests, if you are having difficulty sleeping, is to watch your breathing.

"Focus on your breathing and listen to how it goes in and out," says Hurst.

By concentrating on your breathing you are less likely to be thinking of other things, and your body will relax.

It is also a good idea to set up a sleep pattern. This means trying to go to bed at the same time each night and forcing yourself to wake up at the same time each morning.

There are a number of other things you can do to help relax. For example, "take a warm bath or shower, or perhaps open up a window," says Hurst.

"Try to think of something really nice, like a beach."

Also, if you having trouble sleeping at night, caffeine is your enemy. Avoid eating, drinking, smoking and exercising at least three hours before bed.

"Don't work out at the gym and then expect to come home and fall asleep," says Hurst.

Eating three meals a day and exercising regularly is recommended, however, not just before bed.

If physical disturbances such as noise or light are causing you to lose sleep, try wearing earplugs or a mask to bed.

If you think sleeping pills are an easy answer, be aware how easy it is to become dependent on sleeping pills and that it is a hard cycle to break.

"Don't resort to pills unless your physician suggests it," says Hurst. Pills are usually only prescribed "for very severe or isolated cases."

So many other ways can help deal with the problem other than medication. Sleeping pills won't solve what's bothering you.

The best thing to do is relax.

"Learn how to de-stress your life," says Hurst, "because what's the good in worrying?"

Students help themselves to fair's healthy advice

By MICHELLE ADEY
Staff Writer

Niagara College students heard some healthy information at the college's recent health fair.

On Nov. 25, health representatives from the Niagara Region came to the college to speak with students about health issues that affect society and students.

There were a variety of booths for students to look at and receive useful information.

A booth which continued to draw a crowd was the Port Colborne-Wainfleet Healthy Lifestyles Coalition Inc. Of particular interest was the display which showed simulated illegal drugs. This issue is a part of the substance abuse and prevention aspect of the organization.

Healthy Lifestyles Coalition is a community organization that promotes healthy lifestyles and decision-making. Focusing on substance abuse prevention, the organization encourages wellness and a healthy community.

Gerry Rodney, 61, pretends to eat a hamburger patty from the Niagara Healthy Lifestyles' display at the college's health fair on Nov. 25, while Edna Groff, 65, looks on. Rodney and Groff are advisers in training for the organization.

Photo by Michelle Adey

Community Development Worker Dave Anderson, 42, of Welland, said it is important to start early with youth because public school students are being introduced to drugs and alcohol at early age.

"Their (the youths') knowledge surprises me," said Anderson. "Helping students is a lot of fun. I like the interaction between the kids."

At the booth there was a free draw for a T-shirt and a healthy lifestyles cook book.

The health fair was not only for students but teachers.

Jacquie Herman Associates, in St. Catharines, is an organization that offers a range of services from marital to financial counselling. The organization offers a program to employees called Employee Assistance Program, which provides employees and their families with counselling services in a confidential and professional manner.

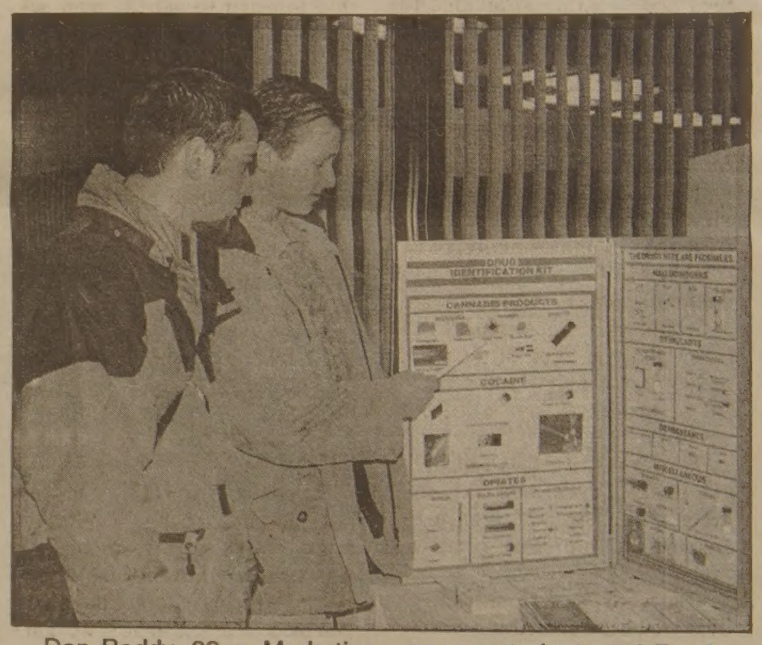
'The health fair was a success . . .' — Carolyn Hurst and Christine Philbrick

"We offer college employees counselling services and workshops on stress management," said Irene Loewen, 43, of St. Catharines.

Loewen, who has a master's degree, is a registered nurse and is a clinical member at Jacquie Herman Associates.

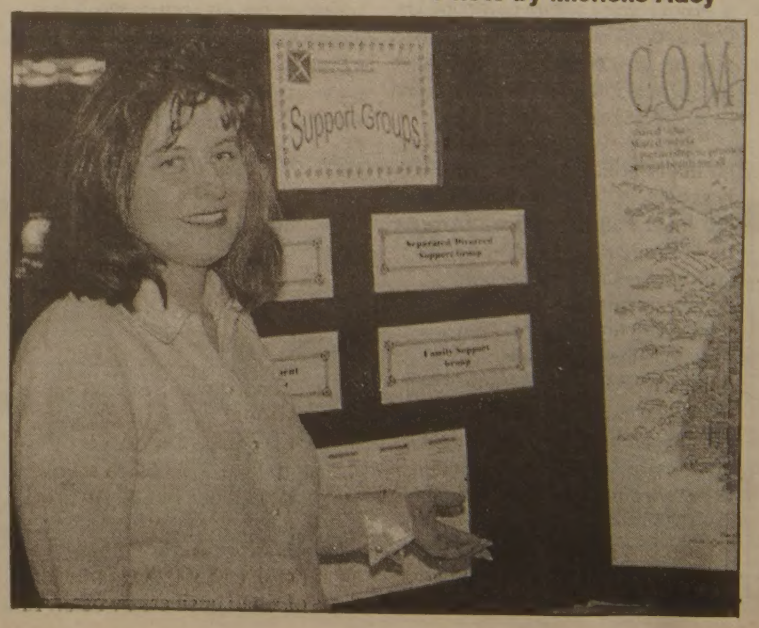
"The health fair was considered a success because of the student participation," said college nurses Carolyn Hurst and Christine Philbrick, who organized this year's health fairs.

The St. Catharines campus held its fair Dec. 2. The Maid of the Mist Centre, in Niagara Falls, held its Dec. 4.



Dan Raddy, 23, a Marketing program student, and Frank Romanaskus, 23, a Business Administration program student, check out the simulated drug identification display, while (bottom) Jolan Rimnyak, 30, a mental health counsellor shows the South Niagara Canadian Mental Health Association display at the college's health fair on Nov. 25.

Photo by Michelle Adey



HEALTH MATTERS

-H2-

Discovering what being 'thin' means

By MICHELLE ADEY
Staff Writer

Think positively and eat healthfully.

The Niagara Network for Freedom from Weight Preoccupation and Eating Disorders (N-FED) presented the second in a four-part speakers series on Body Image and Eating Disorders, funded by a Brock University President's Grant.

The Nov. 26 session was attended by area teachers, coaches, individuals coping with eating disorders, as well as concerned family and friends.

The 2 1/2-hour session began with speaker Merryl Bear, director of the National Eating Disorder Information Centre in Toronto.

Bear was a part-time teacher at Toronto's George Brown College and worked within the community service department. She was also voted Woman on the Move in 1995 by the Toronto Sun.

The purpose of the evening was to inform and give curriculum activities and program strategies for teachers, parents and coaches to deal with healthy body image issues, eating patterns and disorders.

The session entitled Strategies for Teachers and Coaches began with a discussion on how society views beauty and body image.

Bear uses many exercises to reach her audience by asking what the two words fat and thin mean.

"Think of a thin woman," said Bear. "Do you think of the words model, lucky, happy and successful?" Most of the audience answered "yes."

"Now think of a fat woman. Do you think of the words lazy, slob, dirty, unhealthly?" Again the answer the audience gave was "yes."

"The word fat and thin are adjectives which are describing words," she said. "They are neutral words that carry an enormous amount of emotion."

Appearance has been made a moral in our culture, she said. For example, in the same week magazines such as Life, Time, Maclean's and Newsweek all devoted issues to body image and eating disorders.

Society has been kind enough to give role models such as Twiggy, society's first waif, and in the 1990s Calvin Klein model Kate Moss, she said.

Advertising by companies also uses the message that thin is better and healthier.

A Gap advertisement shows an hour-glass-shaped model supposedly modelling clothing for the Gap, labelled with the title Just the Right Shape.

A Calvin Klein advertisement features a naked Kate Moss lying across a couch. The advertisement is promoting the cologne Obsession for Men. The hidden message is that if a man wears this cologne he will be able to get a model-thin woman and that the woman must be thin in order to get the man, she said.

"The media tells us we need to have the right diet and exercise to be the right body size," she said.

Women are not the only people who continue to feel uncertain about their body weight and the image they portray in society. Men are becoming more concerned with their image and their roles in the world.

"Boys and men are uncertain about their roles in society because traditional roles are changing and there are few healthy role models for men," Bear said.

Appearance in the 1990s is characterized as: if you don't like what you look like, change it. With the arts of plastic surgery, silicone and liposuction removal of fat at their peaks, "it is easy to cut out a certain piece here and there if we don't like our body."

Although most of the session was about society's concepts of body image, Bear spoke about the effects of starvation and dangers posed for athletes involving eating disorders.

Some of the effects of starvation outlined in the presentation included nailbiting, gum chewing, smoking and social withdrawal.

Bear said for women, dieting is the first behavioral step tc an eating disorder. Exercise is the first step for men.

"Most young girls believe dieting is more important for health than exercising."

Bear said any athlete in a sport which requires thinness or weight control for optimal performance runs the risk of developing an eating disorder. Some of these high-risk sports are figure skating, ballet, gymnastics, distance running and wrestling.

Genetics make it nearly impossible for some athletes to lose weight or to maintain weight loss. Some individuals are genetically predetermined to carry more body fat.

"Athletes need to think of food as fuel," she said.

'It's not our bodies that need changing, it's our attitudes.' —Merryl Bear

Teachers and coaches need to educate themselves about what creates a high-risk candidate to develop an eating disorder. They must also provide accurate information regarding weight and weight-loss to their students and athletes.

"Teachers and coaches must emphasize health risks of being underweight," said Bear. "Early identification and intervention can save lives."

"As our culture and society move away from pinch-an-inch, we can learn to love a diversity of human beings. It's not our bodies that need changing, it's our attitudes."

The session concluded with a discussion panel by Susan Bright, an A.N. Myer Secondary School physical and health educator; Kathy Rive, owner and operator of Fitness Alive for Women, in St. Catharines; Ronna Lockyer, a coach and athlete at the St. Catharines Rowing Club and Wendy Leard, owner and director of Wendy Leard's School of Dance in Niagara Falls.

The third session entitled The Impact of Culture, Media and Fashion will be held on Feb. 4, 1998, from 7 p.m. to 9:30 p.m. at the Brock University Playhouse Theatre.

For further information contact Sharon Abbey (905) 984-5162 or Vera Krasovec (905) 682-6076.

On Nov. 26 at Brock University, speakers Wendy Leard (left), Susan Bright, Merryl Bear, Ronna Lockyer and Kathy Rive spoke at a Strategies for Teachers and Coaches session, the second in a four-part series on Body Image and Eating Disorders.

Photo by Michelle Adey

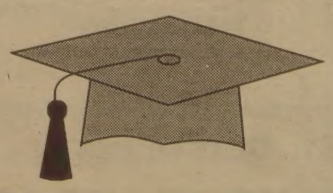
Scholarship offered to children of business owners

High school seniors who are the children of independent business owners in the area are eligible to apply for a $500 scholarship offered by Padgett Business Services.

"This year's economy has created many concerns for small business owners," said Gerry Lacroix of the local Padgett office. "Among them is adequate funding for their children's education.

Scholarship applicants must be graduating high school seniors who plan to attend an accredited post-secondary institution. In addition, the legal guardian of the student must be an active owner of at least 10 per cent of the stock or capital in a local business that employs fewer than 20 people.

The deadline for applying is March 1, 1998. For an application and further information about the Padgett Scholarship Program, phone your local Padgett office at (905) 374-6622. All regional winners will be eligible for a grand prize scholarship of $4,000.



The local award is part of an international program in which Padgett Business Services is offering more than $75,000 in scholarships throughout North America. Since 1990, the Padgett Business Services Scholarship Program has awarded over $300,000 to dependents of small business owners. All awards will be based on applicant test scores, high school grade point averages and educational and career plans. Local winners will be announced in May, and the grand prize will be awarded in July.

A financial reporting and tax planning service for small business owners, Padgett has been in operation since 1966. Lacroix's local franchise is part of a network of more than 425 Padgett offices in North America.

"Padgett Business Services is the leader in small business financial reporting and tax planning services," added Lacroix. "This scholarship program is just one example of our dedication to serving our clients."

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Students among those who feel STRESS

By KATHLEEN McARTHUR
Staff Writer

There are days when you just need to scream AAARRRGGG.

It starts with your pulse racing. Then you begin to tremble. Your arms and legs begin to quake, leaving your palms sweaty and clammy. Your shoulders begin to tighten higher into your neck. The pain spreads through your skull to your eyes.

Let's face it — you are stressed.

It's that time of year when students are faced with deadlines for final papers, they begin to cram for final exams, and they worry over money for the holidays around the corner. Students who are trying to balance both school and work get an increase of hours at work and find less time for schoolwork, putting pressure on themselves to get everything done.

Second-year Office Administrative Executive program student Michele Briscoe, 32, juggles the tensions of schoolwork with raising her two children in Welland.

She said she notices "the glazed eyes that seem to say 'we can't take much more in' as (I) pass students walking in the halls. "

Briscoe said her first sign of stress is "an overwhelming tired feeling." She said she finds release from the tension by getting away from it all by visiting family for the weekend. "The break from it all (stress) allows you to come back with fresh eyes and a fresh look at everything."

About the workload in her program, she said "it not only is stressing to us (the students), but you can see the instructors are just as stressed as we are."

RELAX.

It is easy to say, but how to do it is another story. Your attitude will help relieve some of the tension that seems to be building on your shoulders.

Think positively.

No, not you positively think you are stressed out and you positively have to get ALL this work done. Look on the the bright side. You have some of that work done and it is now less than there was earlier. Don't look at what you still have to do. Rather, look at what you have done. Pat yourself on the back because you have done well.

Comedian and author Loretta LaRouche has two video tapes that helps people laugh at and learn to live with stress, The Joy of Stress and The Humor of Stress. Both can be found in the college Learning Resource Centre. She makes our reactions to stress seem silly. She has eight steps to "En-light-ment" of stress.

The first step is to "lighten up." She suggests you laugh at yourself and choose your stress.

Next, smile. It feels good. Even if you are having a bad day, "fake it until you make it."

Then try putting a bounce in your walk, putting your stressor off guard by adding some flair to your step or waving your arms, twirling or moving differently. If someone is nasty or difficult, don't give that person the power to manipulate you. "Stand on one foot when talking to them."

'I grab a walkman and walk until I feel better.'

Discover your inner light by meditating, she said. "Take a minute and pay attention to yourself" to find the calm in you. Find the blessings in the chaos around you, have courage and reward yourself.

Delight in yourself, take a walk, go to the museum or expand your world from its normal routine. Sing to yourself when you are stressed. Yodel, it relieves all that tightness in the diaphragm.

Some students agree that music is a good release to the building tensions of everyday life. Some sing in bands and most of us sing in the shower to start our days off on a lighter foot.

Darren Holder, 23, a third-year Broadcasting-Radio, Television and Film program student, said, "At the first sign of stress I grab the Walkman and walk until I feel better."

He said "mellow sounds and walking seem to clear your head of all the spiderwebs." He said he likes to listen to everything from the Grateful Dead to classical music, and his program allows him the wide variety and the opportunity to expand his musical library. "Music mellows the inner beast," said Holder.

LaRouche, in her video The Joy of Stress, suggested when you feel bogged down with a heavy workload, try to lighten your load. Share, give up some of your workload and share the wealth. Others need to do some of the work too. Call in well instead of sick and enjoy the day off.

Speak lightly and find new words to describe how "good" you are feeling. Try saying "WHOOPEE or WHEE or TA DA" once in a while. " We have too much to do to TA DA," she said. Be childlike and feel free.

Become a beacon of light and spread your free spirit with others. Share it with others and most of all have fun with yourself. Add a little drama to your life. Dress up as a hero or a goddess and have a night of humor.

My own recommendation is to try throwing your hands in the air and saying, "Oh well." Close your eyes and picture a quiet deserted island with the sun beating overhead in the branches of the trees your hammock is swinging between. Listen to the waves gently washing the shore. There are no computers, no telephones, no radios and no televisions. Peace and tranquility.

Celebrate your life. Don't worry so much.

Job shadowing a great experience

By TINEKE BRUINSMA
Staff Writer

Job shadowing has helped the Indonesian principals visiting Niagara College learn the restaurant businesses' ropes.

The program is the observation part of the principals' curriculum giving them a chance to experience how a restaurant or tourist establishment is run.

The principals are paired with an establishment in the Niagara Region and shadow an employee for a day.

"Everyone got at least one, and some got two, because some of the less fluent English-speaking Indonesians were a little nervous going," said Jhim Burwell, who is assisting the 18 principals while they are here. "The better English speakers went along to make those less fluent more comfortable on their placements."

The principals were placed at several restaurants in the region. They were shadowing at Casino Niagara, Hildebrandt Estates, The Harvest Barn Market and Kiely House Inn.

"Two people were at the Kiely House Inn in Niagara-on-the-Lake," said Burwell. "The restaurant has two locations, and the principals travelled between the two."

Principal Abri Eko Murjanto was job shadowing Erik Peacock, of the Wellington Court restaurant in St. Catharines, on Dec. 2.

Murjanto said the restaurant was a good family business and his job shadowing was very informative.

"It gives us inspiration for this type of business," said Murjanto.

Peacock said the afternoon visit began by discussing the similarities and differences in the cultures, economics and quality of life in Indonesia and Canada.

"It took awhile to understand what the idea was behind the whole situation," said Peacock.

Peacock said there are 200 million people in Indonesia requiring businesses to respond with faster service.

"The questions Abri had were about things that directly involved the set up for this type of restaurant," said Peacock. " We never talk about business the way Abri and I did."

Peacock said it would be easier for Niagara College personnel to go to Indonesia and set up a tourism training program rather than trying to teach the students here.

"I would love to see what they learn here and see if it works, and how they perceive it in Indonesia," said Peacock.

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ENTERTAINMENT

Wilcox going strong

By IAN ANDERSON
Staff Writer

David Wilcox's latest attempt at stardom is his just-released **Greatest Hits Too**.

This album is filled with Wilcox's famous rock and roll sound.

It has two old songs which are reworked acoustically and five new songs which are slower and with a mellow tone but in the true Wilcox fashion.

Wilcox, who is now in his early forties, creates an interesting compilation on this album. It has a strong sound. If he continues to tour and play these songs, he will regain most of his old fans. Many of his fans disappeared after Wilcox took a partial break from the music scene a few years ago.

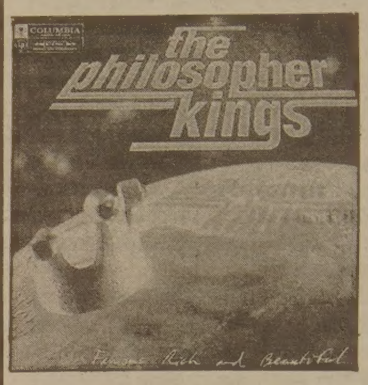
At Niagara College's Orientation concert in September, three weeks after the release of this album, Wilcox was in fine form playing most of the songs off this excellent new album. Spectators young and old enjoyed his creative and wild approach to playing the guitar and his high-energy singing. The Niagara College students who were at the concert left with a satisfying taste of a great Canadian performer.

If Wilcox keeps up these great tour performances at the small venues and clubs where he shines, he has another great Canadian hit on his hands.

Kings of the radio airwaves

Famous, Rich and Beautiful

By CARRIE CHEHOWSKI
Staff Writer



With the release of the band's second album, **Famous, Rich and Beautiful**, the Philosopher Kings may soon rule radio airwaves.

The band consists of Gerald Eaton on vocals, Jason Levine on bass, Jon Levine on piano, and Brian West and James McCollum both on guitar. Jon Levine and Gerald Eaton share the songwriting duties.

The songs on the CD are written in a mature manner and relate to real human emotions and experiences. **Famous, Rich and Beautiful** has immense texture, true emotion and moving songs, each with different rhythm, beats and messages. The band combines the sounds of jazz, soul and pop in its songs. The individual listener can relate to each song.

The members of the band were together only a few months before they recorded their first album. The Philosop... ...ings' second album is written so intricately, it seems as though the band has been in the music business for decades.

I would recommend **Famous, Rich and Beautiful** to any music lover. Because of the band's originality, listeners will enjoy the sounds of the Philosopher Kings no matter what their personal taste in music is.

Weird Voices to come

By CRYSTAL OLDER
Staff Writer

Alanis step aside. Brigette Pace is on the prowl.

The album **Weird Voices** is one of the best albums I have heard.

Weird Voices is a must for fans of Alanis. Both singers have the same style of writing. They depict real life in their songs with statements that add a twist.

Pace added parts from other songs, like the statement from the song *Will Be*, "Que sera sera, whatever will be will be . . ."

An unexpected twist occurs when the alternative beat is broken.

This album is going to hit the charts.

Watch out, Aqua. A new No. 1 album is moving in.

Unleash the Beast in Saxon

By MARK HRADSKY
Staff Writer

It may look gothic, even heavy, but Saxon's CD **Unleash the Beast** sounds more like a mixture of Van Halen and White Snake.

The CD cover deludes the listener into thinking that this CD will be a more heavy metal/goth sound but with '80s-style guitar chords and solos, Saxon makes for 53 minutes of non-entertaining noise.

With lyrics such as "Cut out the disease, the lies and deceipt" and "You went in the morning. We didn't say goodbye," many of the songs sound as if the band members just can't seem to get a good relationship going, and I wonder why.

The band members looks as if they came out at around the same time as Megadeth, with the '80s-style hair and leather biker jackets posted all over the CD insert.

This CD was a true disappointment from the start and I would recommend this only to people who are still into the music style of early '80s hard rock.

Another girl just like the rest

By TRACY JAY
Staff Writer

Lynne Kellman, a multi-instrumentalist, is just what her album says, **Another Girl**.

Kellman originally wanted the name Super Girl, but discovered that DC Comics owned the rights to the name, so she took the opposite tactic and chose the moniker **Another Girl**.

Kellman's songs range anywhere from a Sarah McLachlan-style to Alanis Morissette remix. The album is a collection of low droning music and fast, hard, upbeat tunes, lending itself to a wide range of listening moods.

Kellman says the emotional heart of this album, **In The Galaxy**, is the song *Growing Gold*, which describes the "wrenching process of taking all the bad things that happen to a person and turning them into good things—growing gold out of strife."

The guitar, violin, bass, cello and keyboards can be heard in Kellman's songs. She is one of a rare breed of artists who write, produce, engineer and play all of the instruments on their albums.

Although the lyrics are sometimes repetitive, they do bring meaning and revelation to an age group of about 13 to 19.

The eighth song is called *About Me*. This tune is much like most of Jewel's recordings on **Pieces of You**. It seems Kellman has pieces of everyone throughout this CD.

My Dream aims at younger listeners

Lyrics immature

By KERRI WOOD
Staff Writer

My Dream by Yvette Michele can be compared to someone scraping fingernails on a chalkboard.

Michele sounds as though she is trying to be somebody else. She doesn't have a distinctive sound—one that is hers.

Particularily irritating is the song *Crazy*, in which the artist sings of her developing crush on a disc jockey.

The songs are poorly written and lack any hint of talent.

I expected more maturity from Michele, she being the mother of a young girl.

I found most of the lyrics very immature and insulting. At age 22, songs of teenage crushes and a teen's feelings of awkwardness don't interest me. However, if she had released this when I was 12, I just might have bought it.

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Evil law firm indeed

By TINEKE BRUINSMA
Staff Writer

With twists and turns, Devil's Advocate will thrill you and leave you guessing.

Al Pacino and Keanu Reeves star in a film that is sure to have you wondering what will happen next.

Reeves stars as a young Florida lawyer who has a knack for winning his cases.

After another big win, he is recruited by a lucrative law firm based in New York City. Reeves and his young wife move to New York to begin their lives in the big city.

In a large company apartment, Reeves and his wife befriend another young couple.

Reeves begins to spend more and more time at the office. His young wife is lost without him and begins to do what the other wives of the firm do: she spends her husband's hard-earned money.

Pacino stars as the law firm's president. Pacino befriends Reeves and takes him under his wing, throwing heavy duty cases at Reeves. Pacino manages to gain control over the young lawyer.

Because of some strange unexplained deaths and hallucinations by his wife, Reeves begins to see another side of his beloved law firm.

An evil side that he hadn't noticed is now obvious to Reeves.

His wife changes before his eyes and he begins to lose sight of what used to be important to him.

Reeves and Pacino manage to confuse and intrigue their audience in Devil's Advocate.

Without revealing much more about the movie's plot or its unforgettable ending, I recommend this film. The eye-opening storyline and amazing acting of Reeves and Pacino make the film a must-see.

The bugs are coming, hide your children

Action-packed

By JONATHON NARVEY
Staff Writer

The bugs deserve to win this war.

In the first 20 minutes of Starship Troopers, the audience is introduced to a future version of Earth.

In this world, the "Veterans" take control of Earth's government, instituting 1,000 years of peace and prosperity (well, maybe just prosperity). Everybody lives in a military state with a one-party democracy, which is paradoxically free and happy. I guess fascism worked out, after all.

Future Earth is at war against giant, intelligent bugs from another world. The aliens are visually impressive, alone or in onrushing hordes. The spaceships and weaponry used by Earth's armed forces are also stunning. Special effects buffs will not be displeased.

The problem for me is tactics. Why send in the Mobile Infantry (where are their armored ground vehicles?) to clear out individual bug herds? Why not just send a couple of thousand nuclear weapons to the target planets and exterminate them?

I guess fascism worked out after all

I accepted that giant bugs with no technical capability could launch meteors faster than the speed of light at Earth. I accepted that Beverly Hills 90210 wannabe's could pilot a Starship. I could not accept unsound military strategy.

Starship Troopers has action, dazzling special effects and Doogie Howser in a futuristic gestapo uniform. Alas, once again, Hollywood has sacrificed plot for high-tech glitz.

One scary Machine

By BRENDA BEAVEN
Staff Writer

Halloween in December.

Monster Voodoo Machine (MVM), a Toronto band, will be playing in St. Catharines at Mind Bomb on King Street, Dec. 10.

MVM started up in the early 1990s, broke up in 1995, but has recently gotten back together this summer.

Adam Sewell who perfoms vocals for the band, said, "We've done so much . . . from 1991 to 1996 we were constantly touring."

MVM's musical influences are Black Sabbath, AC/DC and other hard core metal bands, said Sewell.

Volume II, direct reaction, the latest album, will be released in April, said Sewell.

'New wave of the new wave,' Megapop bass player says

By ANDREW HALL
Staff Writer

After reaching No. 1 on HMV Music Store's top indy band list, Megapop is ready to play in the bigger playground.

"We're pretty much an alternative band with a very melodic sound that is the new wave of the new wave," said Megapop bass player Mart Leppik.

The band consists of four members who all contribute their own unique influences to the new sound that is Megapop. When the song writing process begins, the final result is a high-energy, somewhat gender-bending mix of sounds.

Their debut album, **Casino Royale,** is a short but cathartic trip into the minds of the band. Combining sounds reminiscent of The Wonder Stuff, REM and Madness, Megapop takes its listeners on a fresh, cleansing musical journey.

Megapop was extremely impressed by the fan turnout at a recent show in Toronto's Opera House. "We filled it (the Opera House) with 700 people," said Leppik.

Leppik said he feels there is an up side to being classified as an indy band.

"Marcus and I handle all the promotion. This allows us to pretty much learn the industry as we go." He said, "the band wouldn't mind the support of a major (recording) label."

The band has no set tour dates but hopes to be playing in the Niagara area soon.

For a preview of their sound, their new album has been released on the Very Clever Records label.

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-S1-

We're No. 12 in the country

By DAN DAKIN
Staff Writer

It's 3-0 and No.12 for the Knights.

The Niagara College Knights men's basketball team beat the Fanshawe Falcons, of London, on Nov. 21, and the Redeemer Royals, of Ancaster, on Nov. 26, to increase their regular season unbeaten streak to three games.

These two wins put the team on the Canadian College Athletics Association top 15 list which ranks every college in the country.

In their game against the Falcons two weeks ago, the Knights won 79-63.

Fanshawe played a strong first half with good offence and rebounding led by rookie forward Andrew Cammaert, who nailed four three-point shots.

Although Niagara managed to stay close to them nearly the entire half, head coach Jeff MacDonald said the team "didn't take the Falcons seriously."

Near the end of the first, Fanshawe pulled away and were beating the Knights 33-26. With two minutes remaining, Niagara turned up their defense stealing four balls and drawing three fouls. Within a minute and a half, the Knights had scored nine unanswered points, leaving the score tied at 33.

Going into the second half, Niagara was winning 35-34 with forward Anthony Heyes leading the Knights' scoring with 10 points.

In the first seven minutes of the half, Niagara scored 15 points to Fanshawe's four.

With five minutes remaining, a tired Fanshawe team picked up the pace and nearly caught up to the Knights, who were winning 60-54.

That would be as close as the Falcons would come as Niagara went on to win 79-63.

"(The Knights) really know their stuff," said Falcons' centre Brian DeCook. He said the officials in the game made some calls that were "horrible" for both teams.

Fanshawe's temporary head coach Bill Carriere said after the first half he thought the game would be "right down to the wire."

"Niagara is pretty solid," said Carriere. "They outplayed us in the second. It won't be long before you see them in the Top 15."

MacDonald said it was a bad win for the Knights. "We played poorly and with not very much intensity."

Heyes, who scored 19 points, was named the Versa Foods player of the game.

Last Wednesday, the Knights tipped off against Redeemer College.

In the first half, foul trouble hurt Niagara as the Royals went 11 for 12 at the line.

Redeemer coach Laurie Cahill said the foul shooting is something "the team works very hard at."

Mike George led Niagara with eight points in the half. He went on to score 27 in the game. Royals centre Andrew Zomerman netted nine points. At the end of the first the Knights had a 33-26 lead.

Within the first seven minutes of the second half, Niagara jumped out to a 17-point lead. The Royals closed the lead down, but by the end of the game they were losing by 13. The final score was 76-63 in favor of the Knights.

Niagara plays an exhibition game against Buffalo's D'Youville College tonight at 6 p.m.

Playing the waiting game

Niagara's Anthony Hayes #33 comes down with Fanshawe's Garry Kober #40 as they await the ball's outcome. **Photo by Mark Riehl**

Benchless Knights handed another loss

The team played two straight games with six players, and is looking for a larger bench

By MARK RIEHL
Staff Writer

The defending Ontario Colleges Athletic Association champion Lady Lords of Durham College came to town and handed the Niagara College women's basketball team its third straight regular season loss 73-37 on Nov 28.

Niagara began the game with the first three points, but the Lady Lords went on an eight-point run. Niagara went on an eight-point run of its own nearing the end of the half, but their effort wasn't enough. At half-time, the deficit was 34-22.

Despite Durham being whistled for 11 fouls in the first half, Niagara was unable to capitalize.

The Knights had only six players to start the game. Late in the second half, Trinity Smith fouled out, leaving the Knights to play with only the five on the court. The extra floor time for some of the Knights' players was too much as Niagara managed to score 13 points in the second half to lose 73-37.

"Our team is hurting because three players couldn't play because of personal reasons, and I had to use players that need to get used to playing a whole game," said head coach Tara Petrachenko.

"They played us hard all game and because we were short of players it was hard to play with intensity all game," said forward Kristin Flindall.

High scorers for Niagara were Kristin Davies with 11 points. The sister duo of Andrea and Kristin Flindall both scored 10 points each.

Niagara got off to a poor start this season with a 0-3 record.

"Our losing streak is because we have played the top three teams so far and we haven't had the chance to prove ourselves, but when we play more teams at our level then we will gain more confidence," said Niagara's captain Flindall.

On Nov. 29, the Knights played an exhibition game at home against Niagara County Community College Trail Blazers of Buffalo, losing their second game in as many nights 63-39.

The Trail Blazers started the game off with a 12-0 run that led to a first half score of 32-18 favoring the visitors.

This was the Knights' second straight game with only six players, and with their loss the night before and the lack of substitute players, fatigue quickly played a crucial part in the 63-39 loss.

"They're a good team and they played hard. We were tired because we only had one substitute player and we were already tired because of yesterday's game," said team captain Andrea Flindall.

Kristin Flindall was named player of the game with 11 points. Kristin Davies had 13 points and Trinity Smith added seven, while Andrea Flindall had six points.

Niagara's next hoop action is an exhibition game at home against D'Youville College on Dec. 5 at 6 p.m.

Ray Sarkis, Niagara's athletic director, said the women's basketball team is looking for more players. Please contact Sarkis at Ext. 7583 for more information.

Page 22, Niagara News Dec. 5, 1997

SPORTS

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Falcons dominate Knights

By MARK RIEHL
Staff Writer

The Niagara Knights women's basketball team dropped its second regular season game on Nov. 21.

The Fanshawe Falcons, from London, were flying in this game winning convincingly 102-35, spoiling Niagara's home opener.

"The one thing that hurt us was not having Kristin Flindall in the line-up," said Knights head coach Tara Petrachenko.

Flindall, a rookie forward, received a double technical foul during the Knights' 77-42 season opener loss against Seneca, on Wednesday night in North York. Flindall was thrown out of the second half of the game and was suspended for this game for yelling at the referee.

"It was hard sitting on the bench during this game and I realized that I need to control my emotions on the court," said Flindall, who returned to action on Nov. 24.

The Knights were out of this game early when the Falcons opened the game with 16 straight points. Katrina Boutler opened the Knights' scoring with a basket at 14:57 of the half with the score 16-2 favoring the Falcons.

The Falcons went into halftime with a 48-17 lead.

Fanshawe put this game away in the second half, scoring 21 straight points. Crystal Greig led the Falcons with 27 points.

The Falcons won their home opener against Georgian College in a 104-8 blow-out and they went on to crush Niagara 102-35.

"It was a frustrating game and it was tough to get going," said Niagara guard Kristen Davies, who was named player of the game for the Knights with 19 points.

"We gave up quickly and we didn't play our game."

Niagara's Caryn Thompson #44 attempts to take a shot before being blocked by the incoming Fanshawe player Crystal Greig #15.
Photo by Mark Riehl

Collins cleans up despite her injuries

By MARK RIEHL
Staff Writer

An injured Liana Collins led the Niagara College women's volleyball team to a 3-0 sweep (15-6, 15-4 and 15-3) over the visiting Mohawk College Mountaineers of Hamilton on Nov 29.

Setting and timely kills were the factor in this match that led Niagara to the victory.

Kim Clifford, the Knights' setter, said, "I ran a good controlled game" and her comment on winning three straight sets was "sorry, Mohawk."

Clifford was second in scoring for Niagara with five kills and one serve ace.

"It was a good game that was controlled by our side of the court throughout the entire match," said team captain Collins, who was named player of the game for Niagara with 13 kills and one serve ace.

"We didn't know until five minutes before the game that Liana was going to play, because of her back injury," said assistant coach Jesse Knight.

"Our team showed much-needed improvement that we needed playing this team," said head coach Carolyn Schatz. "We had to play good defence and we played with a lot of heart."

Volleyball team rallies with victory over Lambton

By ANDREA FLINDALL
Staff Writer

The Niagara College women's varsity volleyball team rallied with a quick comeback in the third match of its game to seal a victory on Nov. 22.

The Knights hosted the Lambton Lions of Sarnia in the team's second regular season game.

After two close games of 15-13 and 15-11, the Lions came out strong to pull ahead 13-3. The Knights came back with determination to win the match 15-13.

"What we learned in pre-season came through today," said Kim Clifford, 21, team's co-captain. "We played with a lot of heart."

Co-captain Laura Chatterton, 21, of St. Catharines, said, "We played great defense, which helped in the comeback. We had a lot of heart."

Lambton head coach Dave Walls said, "The game was dominated by Lianna Collins (of Niagara)."

"It's always great to see a team make such a strong comeback—except when you're the victim of it," said Walls.

Lianna Collins, an enthusiastic player of the game who had 22 kills, said, "The game was awesome. We learned that defense wins games."

Other Niagara starters Jenn Carpenter, Sarah Eggi and Rita DeFreitas added to the team's determination and spirit.

Collins said the team feels confident going into the rest of the season.

Laura Chatterton dives for the ball as teammate Lianna Collins looks on.
Photo by Mark Riehl

SPORTS

Ontario College Athletics Association West Region Standings

Men's Basketball

Team	GP	W	L	PTS
Niagara	3	3	0	6
Mohawk	2	2	0	4
St. Clair	2	2	0	4
Sault	5	2	3	4
Fanshawe	3	1	2	2
Redeemer	3	1	2	2
Lambton	4	0	4	0

Women's Basketball

Team	GP	W	L	PTS
Seneca	4	4	0	8
Fanshawe	5	4	1	8
Humber	3	3	0	6
Mohawk	4	3	1	6
Durham	4	1	3	2
George Brown	2	0	2	0
Niagara	3	0	3	0
Georgian	5	0	5	0

Men's Volleyball

Team	MP	MW	ML	GW	GL	PTS
Niagara	6	5	1	17	7	10
Humber	4	3	1	10	5	6
Seneca	4	3	1	10	8	6
Cambrian	4	2	2	8	6	4
Mohawk	4	2	2	9	6	4
Georgian	5	1	4	3	13	2
Redeemer	5	0	5	3	15	0

Women's Volleyball

Team	MP	MW	ML	GW	GL	PTS
Redeemer	5	4	1	13	8	8
Sheridan	5	4	1	14	3	8
St. Clair	3	3	0	9	3	6
Niagara	3	2	1	7	3	4
Lambton	6	2	4	7	14	4
Sault	6	1	5	6	16	2
Mohawk	4	0	4	3	12	0

Graphic by Dan Dakin

Canadian College Athletics Association National Rankings

Men's Basketball

	Team	PROV	W	L	Last Wk
1.	Durham Lords	ON	1	0	1
2.	Langara Falcons	BC	7	0	2
3.	Algonquin Thunder	ON	2	0	3
4.	Malaspina Mariners	BC	7	0	4
5.	Montmorency Nomades	QC	8	0	5
6.	Red Deer Kings	AB	1	0	6
7.	Dawson Blues	QC	5	1	7
8.	Sheridan Bruins	ON	3	0	9
9.	SAIT Trojans	AB	7	1	11
10.	Mount St. Vincint Mystics	AC	5	1	12
11.	Mohawk Mountaineers	ON	2	0	13
12.	**Niagara Knights**	ON	3	0	NR
13.	Mount Royal Cougars	AB	6	2	10
14.	St. Thomas Tommies	AC	4	2	8
15.	Cariboo Sun Demons	BC	5	2	15

Men's Volleyball

	Team	PROV	Last Wk
1.	Mount Royal Cougars	AB	4
2.	Limoilou Titans	QC	5
3.	Loyalist Lancers	ON	3
4.	Red Deer Kings	AB	1
5.	Montmorency Nomades	QC	2
6.	Cariboo Sun Demons	BC	6
7.	Jonqueire Gaillards	QC	7
8.	Grant MacEwan Griffins	AB	8
9.	Douglas Royals	BC	14
10.	Algonquin Thunder	ON	10
11.	NAIT Ooks	AB	12
12.	**Niagara Knights**	ON	15
13.	Trinity Western Spartans	BC	9
14.	NSAC Rams	AC	13
15.	Seneca	ON	NR

AC-Atlantic Canada, NR-Not Rated

Graphic by Dan Dakin

Knights are moving up

By MARK RIEHL
Staff Writer

The Niagara College Knights men's volleyball team moved into first place in the west region after defeating the Humber College Hawks of Etobicoke 3-1 (9-15, 15-9, 15-13) in the best of five series at home on Nov. 22.

The Hawks flew out of the gates in the first set taking a 10-1 lead and soaring on to take the match 15-9.

Niagara came out strong and took control of the second set.

Niagara's Bobby Poulson served an ace when the score was 14-9 to give the Knights the second set.

The third set saw both teams battle back and forth in a match that went to a 14-14 tie. Niagara prevailed with a timely double block by Paul Clark and Cameron Jacobs, giving them the well-played set 16-14.

Niagara went into the fifth set with the momentum and took an early 8-3 lead. The Knights defeated Humber in the fourth set in another close match 15-13, giving them the 3-1 victory.

"They surprised us, and we didn't think they were as good of a team as they are," said Hawk middle Carter Walls.

"This win is the turning point to our season because this was the first game we played like a team and we all played together," said Cory McKeown, who was named player of the game for Niagara with 13 kills and three blocks.

Stacey Kay receives the ball during the Knights' victory over Humber.

Photo by Mark Riehl

"I am extremely pleased with the win and especially glad we played like a team," said Niagara head coach Blair Cudmore.

Canadian curlers rock Brandon

By KEVIN HARDING
Staff Writer

For the first time in his competitive curling career, Scarborough skip Mike Harris was the centre of attention at a major national championship.

Harris watched as two-time and defending Labatt Brier champion Kevin Martin threw his stone narrow, pushing one of Harris' stones into the house to break a 5-5 tie in the 10th end. Without throwing his last rock, Harris earned an all-expenses-paid trip to the Olympics in Nagano, Japan, where curling will be an official medal sport for the first time.

"This is the first really big event we have won," Harris told

Continued on page 24

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Scarborough's Harris off to Japan

Continued from page 23

the CBC after the game. "We've never been to a Brier. There is a curling god."

Harris' team of third Richard Hart, second Collin Mitchell and lead George Karrys from the Tam Heather Country Club in Scarborough was the most consistent team during the round robin, finishing with a record of 7-2 in the week-long event that ran from Nov. 22 to Nov. 30.

Martin, who represents the Ottewell Curling Club in Edmonton, never had control of the game despite some brilliant shot-making from his third, Don Walchuk. Walchuk fired a rare triple takeout in the seventh end and long raised doubles in each of the eighth and ninth ends.

"Mike deserves to win, no question," said Martin.

Martin and Walchuk, plus second Rudy Ramcharan and lead Don Bartlett, earned their place in the final by defeating two-time Brier and world champion Ed (The Wrench) Werenich in a semi-final. In that game Martin made a perfect raised takeout to score four in the eighth end to finish off the firefighter from the Churchill Curling Club.

In women's play, three-time and defending Scott Tournament of Hearts and world champion Sandra Schmirler, of the Caledonian Curling Club in Regina, added another piece of hardware to her mantle by defeating the lesser-known Shannon Kleibrink foursome from the Calgary Curling Club to earn a place on the Olympic team.

Schmirler and her team of third Jan Betker, second Joan McCusker and lead Marcia Gudereit struggled with their control until the seventh end, when Schmirler gained the edge for her team. She played a thin wick off her own stone in the 12-foot to remove a Kleibrink counter fully buried in the four-foot to score three.

Asked about the shot by the CBC, Schmirler replied, "Well, if Eddie (Werenich) can make it, we can make it."

Schmirler took another three in the ninth and ran Kleibrink out of rocks in the tenth for a 9-6 win and the trip to Japan.

Help wanted

By A.J. JEFFREY
Staff Writer

The Niagara College badminton team needs help.

The team has four players and needs any men or women interested in competing.

Watch the birdie

Athletic Director Ray Sarkis said Niagara will send the players to the regional tournament, but would like to add more names to the team. "We would like to send nine or 10 to the regionals," said Sarkis.

The West Regional tournament will be held Feb. 7 to Feb. 8 at Fanshawe College in London, Ont. The West Region includes teams from Fanshawe, Etobicoke's Humber, Sarnia's Lambton, Hamilton's Mohawk, Windsor's St. Clair and Niagara.

Niagara has a great tradition of excellence in badminton.

The women's doubles team captured a championship in 1995-96. The mixed doubles pair was champion in 1995-95, and Niagara's men's doubles squad dominated from 1983-87.

If anyone is interested in playing badminton for the college contact Sarkis at ext. 7583.

Every Niagara News issue, the sports department will pick winners for two Sunday football games as well as for the Monday Night game. The writers' season right/wrong record will also be published.

The Niagara News football follies

	GAME ONE Green Bay at Tampa Bay	GAME TWO Denver at Pittsburgh	MONDAY NIGHT Carolina at Dallas	SEASON RECORD Right/Wrong	
Andrew Jeffrey	Green Bay	Denver	Dallas	8	4
Mark Riehl	Tampa Bay	Denver	Dallas	6	6
Kerri Wood	Green Bay	Pittsburgh	Dallas	9	3
Andrea Flindall	Tampa Bay	Denver	Dallas	9	3
Dan Dakin	Green Bay	Pittsburgh	Carolina	3	9
Ian Anderson	Tampa Bay	Pittsburgh	Dallas	6	6

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35 Cent Wings
8 to 12
Nightly

BETWEEN THE PAGES

Ash writes workbook for Beat Spirit

By PAUL JACKSTIES
Staff Writer

"The only people for me are the mad ones, the ones who are mad to live, mad to talk, mad to be saved, desirous of everything at the same time, the ones who never yawn or say a commonplace thing." — Jack Kerouac, *On the Road.*

Kerouac's 1955 book captures the riotous spirit of the Beat generation and loses none of its appealling urgency as the years roll by.

Kerouac, along with William Burroughs, Allen Ginsberg and a few others, made up a core group of Beat writers who were the counterculture heroes of their time.

Beat Spirit: The Way of the Beat Writers as a Living Experience by Mel Ash, is a brief introduction to some of these hepcats and something of a workbook for wannabe Beatniks.

It's a cute little encyclopedia complete with hand-drawn graphics.

If you want to be an outsider, or you're already an outsider and you need some reassurance that there are others like us already out there, this interactive book provides a step-by-step plan and includes creative exercises.

'Yes, you too can be a modern Bohemian throwback to the '50s.'

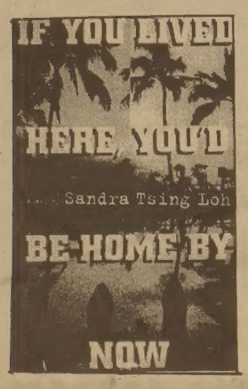
Yes, you too can be a modern Bohemian throwback to the '50s if you read Ash's book and follow his instructions, such as keeping a Beat journal of your life's events.

Ash writes, "To truly understand the Beat spirit, you must be Beat, in the same way that you cannot know what an orange tastes like from simply reading about it."

Likewise his book cannot teach the reader to become Beat. By breaking down into a series of exercises the nature of the Beat spirit, Ash's book serves more to harm the identity of the Beats than anything else.

If you really want to experience the Beat spirit, read Kerouac's books.

If you read it, you're asleep by now



By KERRI WOOD
Staff Writer

I felt as though I was in a dead sleep as I flipped from page to page while reading Sandra Tsing Loh's novel *If You Lived Here, You'd Be Home By Now.*

Loh describes the life of Bronwyn, a woman lost in her own world.

Bronwyn can't see that she is weighed down by her longtime boyfriend Paul, an unsuccessful screenwriter.

Bronwyn doesn't really know whether she is coming or going. Until she runs into an old friend who turned out to be very successful, Bronwyn desires no change in her life.

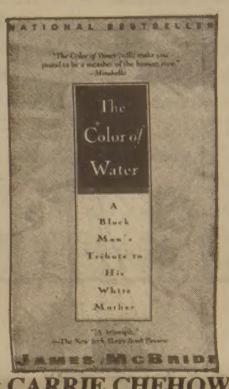
Although the novel is down-to-earth, it is very boring. The plot never really gets moving.

Time after time, Bronwyn is in the same situations, having the same conversations time and time again, and dreaming the same dream, never waking up to reality.

As the main characters dream the Hollywood dream, they lack enthusiasm.

A dream is something to pursue.

McBride's novel inspires



By CARRIE CHEHOWSKI
Staff Writer

The Color of Water - A Black Man's Tribute to His White Mother is an honestly written and moving novel.

The author, James McBride, writes the true story of being black and struggling through life with his white mother, Ruth McBride Jordan.

Ruth was born into a Jewish family in 1921. After the family immigrated to America when Ruth was two years old, they settled in Suffolk, Va. Her father opened a general store and worked his three children to the bone.

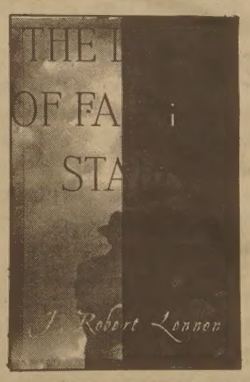
Ruth eventually grew up and fell in love with a black man and moved to New York, against her family's wishes. There she raised 12 children. After her first husband's death, Ruth married again, this time to another black man. Ruth eventually left Judaism behind and began a Christian church.

McBride talks about his identity crisis, his poverty-stricken childhood and the struggles of living in a house with 11 siblings and a strict mother.

This 289-page book, published by Riverhead Books, is uplifting and faces some of life's biggest challenges.

I would recommend this novel to anyone of any race and of any age. Although many readers may not specifically relate to McBride's experiences, everyone can relate to some form of discrimination.

Plane crashes into two lives



By TINEKE BRUINSMA
Staff Writer

The mingling plots of *Light of Fallen Stars*, written by L. Robert Lennon, intrigues the reader.

The main storyline revolves around an airline disaster. This event rips apart the lives of several characters in the book and also ties them together.

A young couple, unsure of their relationship, begin to analyze it when a plane crashes in their backyard. All passengers but one die in the crash. The dead become indirectly part of the young couple's lives. Each somehow connects through unrelated characters.

The male survivor wanders in the forest surrounding the young couple's home, venturing into their home when they're away.

Once discovered, the young husband takes the stranger in and hires him to fix the crash damage to their home.

The young couple has several quarrels about their guest and other unrelated issues. Deciding to end their relationship, they split. Their lives become more complicated.

In this book, the plot and characters interweave, making the reader flip pages to see what happens next. Although interesting, the plot is occasionally confusing.

J. Robert Lennon's debut shows maturity, proving to the reading audience his novels are intriguing and promise to be page-turners.

Morbid people haunted by Oblivion

By KAREN GELLATLY
Staff Writer

Andrew Bolton is a widower. His wife, Laura, died a year ago, but her death haunts him still.

Emotionally she is with him every moment.

She motivates him yet hinders him, and he carries on completely one-sided conversations with her.

Oblivion, by Josephine Hart, the author of *Damage*, is a novel based entirely on death and our obsession with it. Andrew cannot forget his wife, but Jane, Laura's mother, mourns in a completely different fashion.

She is paranoid, keeping a diary in which she writes her letters to Laura, filling her in on every detail of their lives, the lives Laura is missing.

Andrew has met a new woman through his work as a journalist, and when Jane finds out, she takes to spying on them, causing personal injury to herself.

Oblivion, published by Penguin Books, includes a famous though demented playwright named Catherine Samelson, whose play Andrew is to review.

The play is inspiring to him, as it totally focuses on the afterlife's inhabitants.

Hart's book is 202 pages of morbid delight that allows readers to step outside themselves for a short while, wishing all the time the experience could last longer.

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Missing: Al Capone's famous fedora

By PAUL JACKSTIES
Staff Writer

Niagara Falls is almost as famous for its souvenirs as for the mighty falls itself.

Souvenirs such as T-shirts, porcelain ornaments, tacky figurines, plastic key chains and human heads made out of wax are here.

Human heads?

This last item isn't one of the traditional keepsakes a visitor might take back as a memento of their trip to the world-famous landmark, but it is representative of a small and damaging type of souvenir collector.

The popular wax museums of Niagara Falls are being pirated to the point where plexiglass barriers have been erected over the years to protect displays from thieves.

Guy Paone, general manager at Movieland Wax Museum on Clifton Hill, says there were a couple of incidents in which visitors tried to make off with heads from the museum.

One of the heads belonged to actor Christopher Reeve, who played Superman in the movies.

"And (the culprits) are smashing $1,000 sheets of plexiglass," says Paone. "Even if you crack one side, the crack continues through the whole piece. Because it breaks up into large pieces they can cut themselves . . . the plexiglass is razor sharp once it's cracked."

Terri Golia, supervisor at Movieland, says, "Before we had plexiglass on Frankenstein we used to have his gloves always go missing."

Even with the barriers in place, people have gone so far as to try to break them down to get at such popular exhibits as Batman and Crocodile Dundee.

"Usually by the time they get the plexiglass off," says Golia, "they're either too tired or somebody comes around the corner. There's not enough time because there's always people going through the museum."

Charlie Burland is the vice-president for several attractions along the Clifton Hill strip. One of his museums, The Haunted House, has been looted ever since the museum opened 18 years ago.

"The biggest things to get stolen are skulls and bone parts from the skeletons," he says.

These items are produced for medical reasons in the United States and are quite costly. Burland says the loss is part of the cost of doing business.

"If you have to board things up and keep them behind glass, you lose a lot of the effect," he says. "You don't like to put things through glass."

And then there's the case of the criminals in the Criminals' Hall of Fame Wax Museum on Victoria Avenue.

When Al Capone was alive nobody would be daring or stupid enough to try to steal his hat. Now that he's a wax figure, however, it's happened. A reward poster for Billy the Kid has also gone missing.

The old way of setting up museums in Niagara Falls is going the way of the dinosaurs. Plexiglass windows and other barriers now protect exhibits from pirating tourists.
Photo by Paul Jackstis

Barbra Elbaum, administrator for Louis Tussaud's and Ripley's Believe it or Not! museums, says she is all too familiar with the problem.

Last year a brazen visitor to Ripley's smashed a glass under frame to steal a wedding ring near the exit. The ring had once belonged to a woman who had lost it while gardening. The ring was discovered some time later around a carrot she pulled from the garden where it had been lost.

"Somebody came through and ripped it off the wall—destroyed the picture frame and the glass and took off with the wedding band," Elbaum says.

Tussaud's is one of the few museums where visitors don't have to look past barriers to see the exhibits (with the exception of the Chamber of Horrors, which has wooden bars). All of their figures are together in one large easily-monitored room, which makes stealing difficult. Still, the problem exists.

"Sir Winston Churchill's cigar gets stolen all the time," Elbaum says. "We usually have a box of cigars up in our office just so that we can go down and replace it."

Fingers have also been known to go missing off figures' hands there as well.

Libra, time to spread some Christmas cheer

By RACHEL LEECH
Staff Writer

Aries (March 22 to April 19) — The winter weather may be playing games with your emotions. The summer fun isn't all gone. It has just been moved inside. Get together with some friends and show off your competitive side. Play some board games and simply relax.

Taurus (April 20 to May 20) — You may be in the giving mood and that is just what you should do. Clean out your closet, cupboards and drawers. Give to those less fortunate. You'll be surprised how rewarding it is.

Gemini (May 21 to June 20) — The gift of giving may be leaving you a little low on cash. Don't worry. An unexpected break will lighten your Christmas shopping list. Give that special someone a gift from the heart. He or she will love it.

Cancer (June 21 to July 22) — A little quiet time is much needed. Get caught up on your last-minute tasks and finish off your Christmas shopping early. It wouldn't be a bad idea to catch up on some sleep either. Your body can only go on empty for so long.

Leo (July 23 to Aug. 22) — You can't always get what you want, so stop asking for it. Not everyone can afford to have you on their holiday list so be thankful for what you do get. You may want to start thinking of your holiday list as well. Better late than never.

Virgo (Aug. 23 to Sept. 22) — Does money seem to fly out of your pocket? If this is the case, you may need to install some zippers. Stop impulse spending or you are going to be flat broke sooner than you think. Spend a few nights out and a few nights in. It's easier to save money at home.

Libra (Sept. 23 to Oct. 22) — Fa La La La La, not everyone is singing with you. Find out why those around you seem so low. It may be something you can help with. Try to spread your Christmas cheer to those who are in desperate need of it.

Scorpio (Nov. 22 to Dec. 21) — Desperate to play in the snow? You are in luck. The green grass outside won't be around for much longer. Get out your winter tuque and mittens. Soon the snow will be falling. Buy that special someone a romantic Christmas card. Hallmark knows how to say it all.

Sagittarius (Nov. 22 to Dec. 21) — Don't hold back. There's nothing wrong with feeling like the Energizer Bunny. Get all of your work done and out of the way while you have the drive to do it. Party with some friends this month, but try not to make anyone feel left out.

Capricorn (Dec. 22 to Jan. 19) — Don't be such a grinch. Yes, everyone is entitled to a bad day, but a bad week is stretching it. People will begin to be offended by your sour remarks and attitude. Take some time and figure out exactly why you're so low.

Aquarius (Jan. 20 to Feb. 18) — Too much of a good thing is not necessarily all that good. You may be spending too much time with that special someone and not enough with your friends. They may be feeling a bit neglected. Try to include them in your romance without giving away all of your secrets.

Pisces (Feb. 19 to March 20) — All work and no play is bound to make you very unhappy. Just remember it's the end result that counts. You may find yourself being left out of the party scene, but that is partly your fault. Let your friends know you're ready to party with them.

For entertainment purposes only.

Horoscopes for entertainment purposes only

By RACHEL LEECH
Staff Writer

I am not a world-renowned psychic.

There I said it.

My reason for this statement is simple.

It has been brought to my attention that certain members (students) of Niagara College are petitioning to get the horoscopes taken out of the Niagara News.

Well, I have news for you. I will not go easily and not without a fight.

If any of you readers of the Niagara News happen to have read the horoscopes last week, you may have noticed the caption beneath it.

"For entertainment purposes only."

It was decided within the Journalism-Print program to put this caption beneath the horoscopes.

I honestly do not see the problem.

I have written the horoscopes for other papers and no one seemed to mind then.

No, I do not consult the stars. In fact, I generally jot ideas down when I am feeling intuitive and creative.

However, I don't see why everyone should be made to suffer because others disapprove.

If you don't like them, don't read them. It is very easy to turn the page.

Why should everyone else at Niagara who enjoys them be denied the entertainment?

If I am being irrational, please feel free to tell me. However, if you, as I, feel the rest of the school is entitled to this form of entertainment then please write a letter to the editor.

It is only with the help of the students that we can succeed in keeping the horoscopes in the paper.

No one should be deprived of entertainment. It's called freedom. No one took away your freedom or right to refuse to read them. Don't deny others their freedom to enjoy them.

November's beach bash at After Hours

By TRACY JAY
Staff Writer

It was hot.

After Hours pub held its first annual beach bash on Thursday, Nov. 27.

Seven tons of sand were brought to the pub in a truck from a sand dune in the Niagara Region.

After Hours staff shoveled, loaded and dragged the sand to the floor of the pub and spread it on large tarp sheets.

About 280 Niagara College students showed up and laughed when Dave Rapelje, manager of After Hours, jokingly said the temperature "is now 79 degrees!"

Students from Niagara dressed for the occasion. Sporting outfits from bikini tops to bikini bottoms, there were muscle shirts, grass skirts, and just a whole lot of beach attire.

The sand covered the floor of the pub, and then it went beyond that. It was tracked through the Comfort Zone to the bathrooms, onto the stage and into the booths. There was sand everywhere.

The management set the mood by selling a special beach drink called planter's punch, which consisted of orange juice, 7-Up, lemon juice, grenadine and an ounce of rum. The cost was $3 a glass.

Cleanup took three hours. Fifteen volunteers stayed to about 5 a.m. throwing the sand from the pub to the beach volleyball courts, which are located outside and beside the pub.

Alex Scott, 20, buries his brother Chris Scott, 21, at After Hours' beach party Nov. 27. The pair are third-year Mechanical Engineering program students from Fonthill.

Photo by Kerri Wood

Laughs filled crowd

By CRYSTAL OLDER
Staff Writer

The last Comedy Night was one to remember.

Laughs filled the crowd at Niagara College's After Hours as comedian Greg Morton ran onto the stage.

Morton began his show by poking fun at the audience, and the audience responded enthusiastically.

No comedian can avoid talking about Tim Hortons. Tony Dockrill, 19, a Tim Horton's worker, was in the crowd. He said he didn't find it offensive until Morton thought it would be entertaining to make fun of him.

Dockrill left the building but stood outside After Hours listening to what else Morton said.

Morton went on about going to the donut shop and ordering things not on the menu. "That drives them crazy," he said.

Morton was not finished. Next came impressions and more impressions. He rocked the stage with Madonna, Tina Turner, the performer formerly known as Prince and Run D.M.C. The impressions caused great laughter in the audience

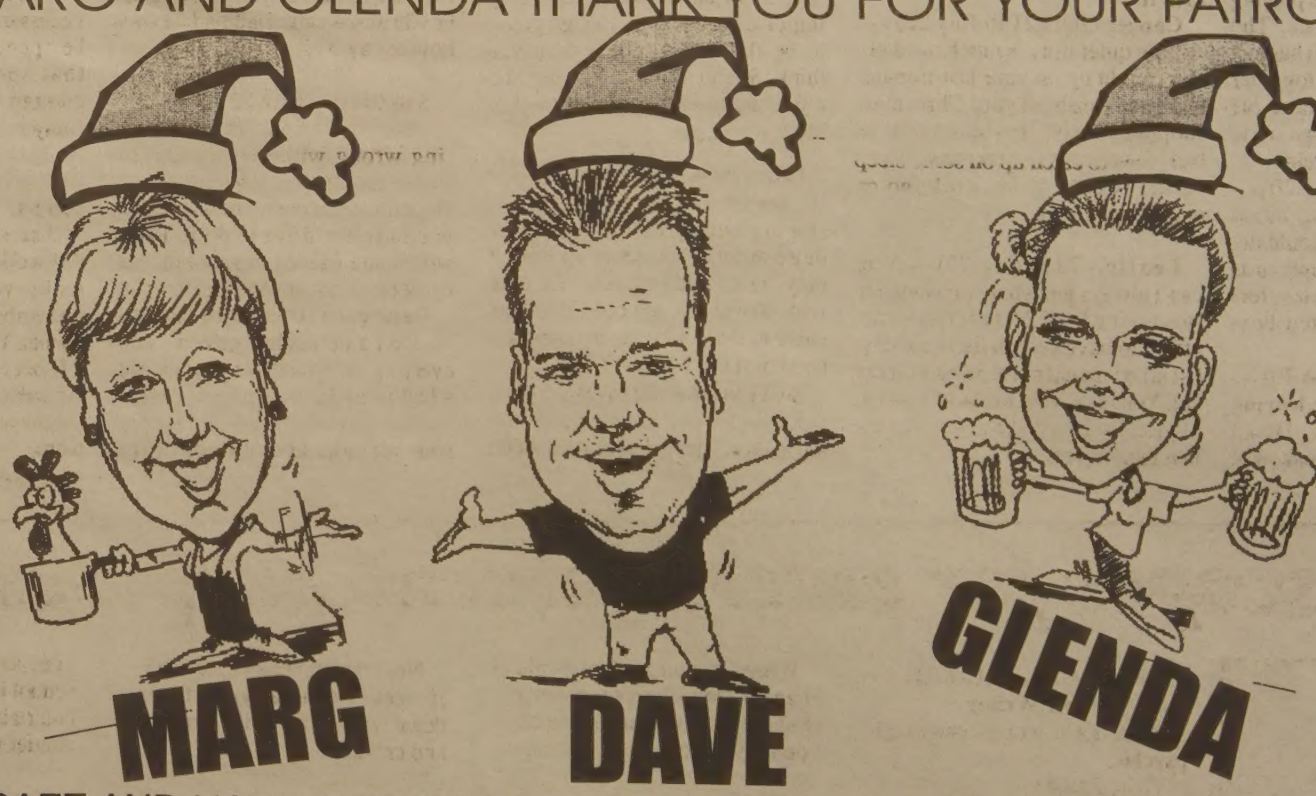
Later a "Who can fake the best female orgasm" contest was held on the stage. Four females and a male moaned, groaned and screamed as they tried to win the contest. The winner, the male, had moaned, groaned and wailed as loudly as he could.

Overall the crowd responded positively to the comedian and took the insults well.

MERRY CHRISTMAS FROM AFTER HOURS

DAVE MARG AND GLENDA THANK YOU FOR YOUR PATRONAGE

SEASONS GREETINGS

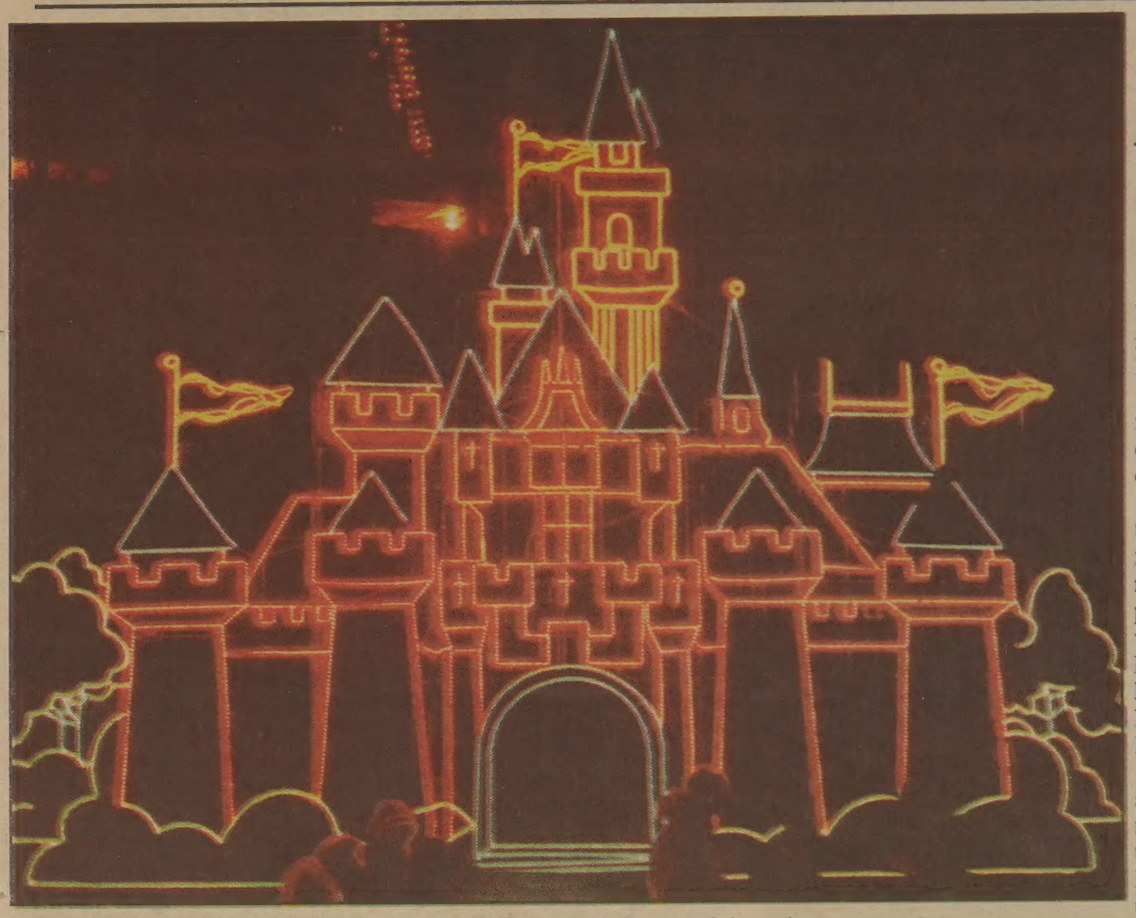


HAVE A SAFE AND HAPPY HOLIDAY SEASON FROM THE ENTIRE AFTER HOURS TEAM

AFTER HOURS ENTERTAINMENT LINE-UP FOR DECEMBER

WED. DEC. 10TH 1ST ANNUAL RESIDENCE X-MAS PARTY AND AUCTION
THURS. DEC. 11TH NEW YEAR'S EVE PUB WITH BALLON DROP AT MIDNIGHT
WED. DEC. 17TH SPECIAL CHRISTMAS CONCERT T.B.A.
THURS. DEC. 18TH POST-EXAM PUB CELEBRATE YOUR SUCCESS OR LACK THEREOF

FESTIVAL of LIGHTS



The Winter Festival of Lights in Niagara Falls, runs to Jan. 20. It is estimated more than two million people will attend the festival this year. It began 15 years ago.

Photo by Tracy Jay

Niagara Falls hosts Festival of Lights

By IAN ANDERSON
Staff Writer

Be Here When the Nights Ignite is the theme of the 15th annual Winter Festival of Lights.

This year the festival in Niagara Falls, Ont., has gone international including New York State's Niagara Falls Festival of Lights and Fort Erie, Ont., in its Winterfest.

In Niagara Falls, the festival kicked off with a grand ceremony on Nov. 22. The celebrations were held in Queen Victoria Park, located across from the American Falls. The public was invited. Admission was free.

About 20,000 people were on hand to see the official lighting.

Gary Hendershot, chairman of the Winter Festival of Lights, introduced the dignitaries and their families on stage.

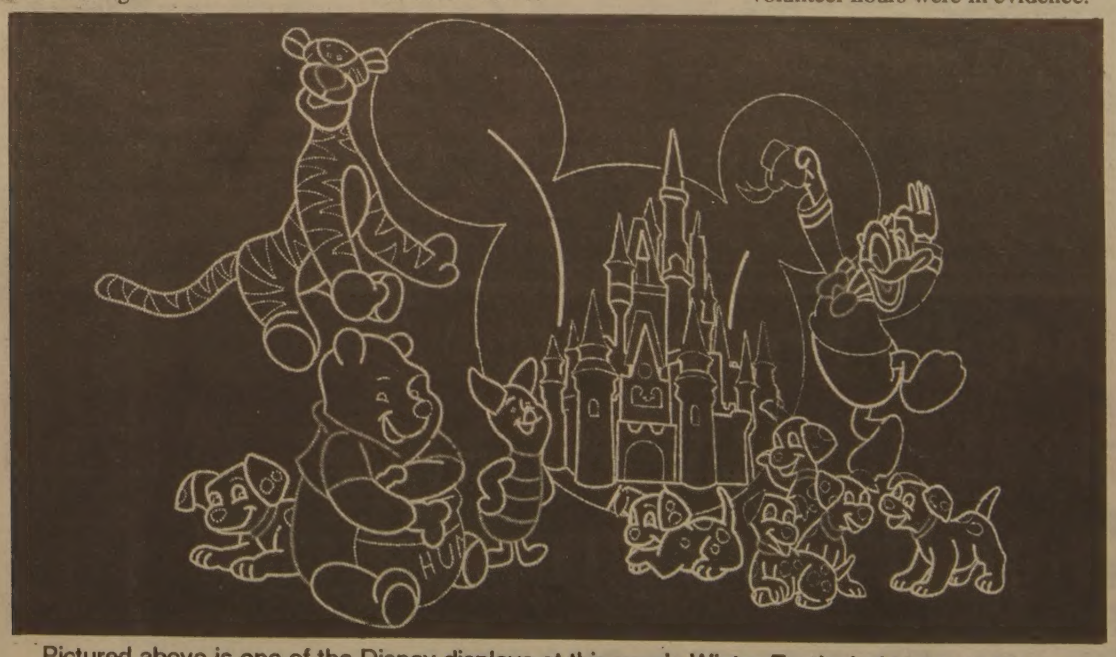
The first to be introduced was Niagara Falls Mayor Wayne Thomson. He said it was "great" to be there and thanked everyone who joined him in the ceremonies.

Dignitaries such as Mayor Thomson and Brian Merrett, former Region of Niagara chairman and future chairman of the Niagara Parks Commission, received cheers from the crowd.

When Hendershot introduced Al Pallidini, Ontario's former transportation minister and now tourism minister, the crowd booed and hissed. Palidini just smiled and went on with his speech.

"I wonder why they sent that guy here?" said John Watson, 42, of St. Catharines. "Any Progressive Conservative in this province is a very unlikeable person right now. It's not like he ruined the night but it just reminds us all what he and the rest of them (Mike Harris' Tory government) have done to all of us."

Walt Disney's Mickey Mouse and his girlfriend, Minnie Mouse, joined Pallidini. With a flip of the switch and the bang of the fireworks, it was over. The festival had begun and the efforts of about 5,000 volunteer hours were in evidence.



Pictured above is one of the Disney displays at this year's Winter Festival of Lights in Niagara Falls, Ont.

Photo by Dan Dakin.

Funding important

By IAN ANDERSON
Staff Writer

Behind the scenes, running the Winter Festival of Lights is a year round job, says manager Greg Bailey.

The festival's budget is approximately $730,000 this year, but donations are expected to generate over $1 million.

Funding is provided through three means. The first is public funds. The second is through fundraising, and the third is from corporate sponsors. Some of the festival's contributors include The Walt Disney Corp. of Canada, Casino Niagara, Human Resources and Development Canada and Ontario Hydro.

"There is a lot of behind-the-scenes work that the public does not see," says Bailey. The volunteers put in 5,000 hours of work last year and it's expected to surpass that this year.

Dufferin Islands, on the Niagara Parkway above the falls, has a drive-through volunteer donation center. At the exit from the park's displays are two volunteers accepting voluntary donations. These fund the displays there.

The festival has a volunteer base of 200 to 300 people and employs nine full-time people paid through a government grant, Bailey said.

Volunteers maintain the 50 light displays scattered throughout the Niagara Parks Commission's lands. The light displays are created of neon plastic, not tiny light bulbs such as the ones used on houses or Christmas trees.

The displays are produced at Alderbrook Signs in Pickering, Ont., and Classic Displays in Toronto. The lights are low maintenance.

To thwart thieves the smaller displays are chained to the ground. The bigger ones would be next to impossible to steal because of their sheer mass.

Bailey, the festival's manager for six years, says, "I liked the opening this year. There have been a lot of calls complimenting the lights. I am looking forward to the New Year's Eve program."

Entertainment includes Dan The Music Man for children and country and western singer Terri Clarke, Great Big Sea and the The Mike Plume Band. All performers throughout the festival are paid by the Winter Festival of Lights' funds.

Amazing display

By IAN ANDERSON
Staff Writer

You are stuck in traffic for an hour on a road which usually takes five minutes to travel. It is minus two degrees Celsius outside and it is snowing.

After fighting for a parking spot, along with 300 other vehicles, you leave the car in an illegal zone and fight the wet snow, cold air, and 20,000 spectators for a spot to watch the lighting of the 15th annual Winter Festival of Lights.

Children form mountains out of the cold, wet snow, just to get a glimpse of Walt Disney's Mickey and Minnie Mouse.

The mice are there to ceremoniously light the giant Christmas lights which decorate Queen Victoria Park on the Niagara Falls Parkway, in Niagara Falls, Ont., located directly across from the American Falls.

As Al Palladini, Ontario's new minister of tourism, takes to the stage, the crowd boos and hisses, and he keeps smiling. He welcomes his friends Mickey and Minnie Mouse to the stage and together they all push a button to illuminate the night.

Blasts from fireworks light up the sky, taking away from the awesome power of the brightly colored lights in the park. Some of Walt Disney's famous characters light up the park and would encourage some to believe the hydro stations must be running overtime.

Crowds cheer and the festival begins.

The lights will be turned on every night for two months, and the 5,000 volunteer hours which go into running the Festival will impress the thousands of people who drive the parkway to view the lights.

Every Friday in December, a colorful array of fireworks will make the cold Niagara nights seem warm and inviting.

Spectators enjoyed the festivities and were surprised by the turnout by their fellow bulb viewers.

"I enjoy coming here each year," one spectator says to his friends as he watches the night light up. "I just feel bad for my mother," says David Wilkinson, 43, of Niagara Falls, N.Y. "She has a hard time coming out in this weather. She couldn't make it this year because she uses a walker. Parking so far away makes it almost impossible for her to access this park."

Leaving the Festival proves to be just as much of hassle. The traffic lines are just as long, if not longer, then coming here to the Parkway. Drivers are racing to get out, the bridges are lined up for patrons. Pedestrians are crossing in front, behind, and along side of the cars traveling the Niagara Parkway just to get home and dry out their shoes and clothes.

Every day volunteers will change bulbs. Bulbs that have been broken stolen or just burnt out. Strings of lights are being straightened and repaired.

All of these actions take place and the spectators go on watching, oblivious to all of the work that takes place to bring one of the best displays of design talent and craftsmanship in the world.